



## **School on research methodology in clinical and social psychiatry**

*SECOND EDITION*

***Focus on schizophrenia***

**May 27/30, 2013 - S. Stefano in Sexanio, L'Aquila - Italy**





**Monday, May 27, 2013**

- 12.30 Lunch
- 13.00 Welcome  
N. Sartorius, M. Casacchia
- 14.00 Knowing each other  
N. Sartorius
- 15.00 Research in schizophrenia today  
R. Murray
- 16.00 Setting research priorities in mental health  
A. Fiorillo
- 16.30 Choosing the subject of research  
Round table
- 18.00 The ABC of research methodology  
R. Pollice
- 18.30 Free time
- 20.00 Dinner lecture  
Drug abuse is good for some  
R. Murray

**Tuesday, May 28, 2013**

- 08.00 How to read an article  
R. Roncone
- 10.00 Drafting a research protocol  
Working groups
- 12.00 Doing research in mental health in Europe:  
opportunities for early career psychiatrists  
M. Di Forti
- 12.30 Lunch
- 13.30 Defining research protocols  
Working groups
- 15.30 Some practical suggestions on research in  
mental health  
R. Roncone
- 17.30 Is research in the real-world possible?  
The case of early intervention in psychiatry  
R. Pollice
- 18.00 Happy hour lecture  
What schizophrenia will be in the year 2030  
Prof. K. Knightley

# TIMETABLE

## Wednesday, May 29, 2013

- 08.00 Writing a grant application  
Working groups
- 11.00 Preparing statistical analyses  
J.F. Osborn
- 12.30 Lunch
- 14.00 Finalization of the proposals  
Working groups and J.F. Osborn
- 17.00 Have you checked everything before you go?  
Working groups
- 19.00 Farewell lecture  
My own life story  
N. Sartorius

## Thursday, May 30, 2013

- 08.00 Presentation of the proposal  
Working groups in plenary room
- 11.30 Is success in a research career compatible  
with a fulfilling personal life?  
Round table
- 13.00 Lunch
- 14.00 Diploma and farewell



Chairman of the Faculty and  
Director of the Course  
**N. Sartorius**  
(Geneva, Switzerland)

*Professor Norman Sartorius, MD, PhD, FRCPsych holds professorial appointments at several universities in Europe, the USA and elsewhere. He was the Director of the Mental Health Programme of the WHO, President of the World Psychiatric Association and of the European Psychiatric Association. He is currently President of the Association for the Improvement of Mental Health Programmes in Geneva. His main interests at present are problems related to comorbidity of mental and physical disorders, the fight against stigma and the education of psychiatrists.*



Teacher  
**R. Murray** (London, UK)

*Robin Murray is Professor of Psychiatric Research at the Institute of Psychiatry, and indeed has spent most of his working life there apart from one year in the USA: fortunately the latter did not do him too much harm. His particular interest is in understanding the causes of psychosis, and he and his colleagues have contributed to the understanding that environmental factors such as obstetric events, heavy cannabis use and migration increase the risk of developing schizophrenia-like psychoses. He is also sees people with psychosis at the South London and Maudsley NHS Trust who are been referred from across the UK because they have not responded to treatment locally. He has written numerous articles, not all of the boring, and is the second most frequently cited psychiatrist outside the USA; he has supervised 52 PhDs and 35 of his students have become professors. He was elected a Fellow of the Royal Society in 2010 and received a knighthood in 2011.*



Teacher  
**R. Roncone** (L'Aquila, Italy)

*Rita Roncone is associate professor of Psychiatry at the University of L'Aquila, where she works as Director of the Psychiatric Day-Hospital Unit. She is Past-President of the Italian Society of Psychosocial Rehabilitation. At the University of L'Aquila since 2001 she is the President of the Degree Course of Psychiatric Rehabilitation Technicians, an innovative professional workforce in mental health care in Italy and she is member of the National Board of Health Professions Courses.*



Teacher  
**M. Di Forti** (London, UK)

*Honorary Consultant Adult Psychiatry, early intervention Lambeth Community team, South London and Maudsley NHS foundation Trust.*

*My duties involve: 1. chairing the weekly new referrals meeting; 2. the assessment and diagnosis of the newly referred first episode psychosis patients; 3. The management of those allocated to my care; 4. Outpatient and home visit review of my patients; 5. old and new cases review with the team ST4 and ST6; 6. Meetings with relatives and carers and other professionals involved in their treatment plan.*

*The clinical population I care for comprises young individuals, age 18 to 35 years of age, suffering their first episode of psychotic disorders. Two thirds of our EI patient group has used cannabis, mostly high potency types, before their psychotic onset, and between 20 and 35% are current users at time of the assessment.*

*Therefore, my current clinical position plays a crucial role in informing and inspiring my academic interest and ongoing research.*



Teacher  
**J.F. Osborn** (Rome, Italy)

*John Frederick Osborn is full professor of Epidemiologic Methods and Hygiene at Department of Public Health and Infectious Diseases,*

*Sapienza University Rome. He has collaborated in numerous projects and research of the WHO. He has been a consultant and coordinator of national and international research projects with the International Statistics Institute, United Kingdom Ministry of Overseas Development, Government of Singapore, Ministry of Health, Secretaria de Estado da Saude, Sao Paulo and many others international public and private administrations. His fields of expertise in on medical statistics, epidemiology and demography mainly on application and development of statistical and epidemiologic methods for medical research. He is the author of more than 200 PubMed-indexed scientific national and international full papers.*



Teacher  
**A. Fiorillo** (Naples, Italy)

*Andrea Fiorillo obtained both his Medical Degree and his Specialization in Psychiatry at the University of Naples SUN, Italy. He is a licensed*

*cognitive psychotherapist, having attended the 4-year course of specialization at the Association of Cognitive Psychology of Rome. He obtained his PhD in Behavioural Sciences at the University of Naples SUN. He has been visiting psychiatrist at the University of Maryland, School of Medicine, in Baltimore (USA), at the Department of Psychology, University of Birmingham (UK), at the Institute of Psychiatry of the King's College in London (UK). He has been President of the Italian Association of young psychiatrists, and he is currently the chairperson of the Early Career Psychiatrists Committee of EPA and the European coordinator of the Early Career Psychiatrists' Council of the World Psychiatric Association (WPA). He is the Secretary of the Italian Society for Social Psychiatry. He is currently staff researcher at the Department of Psychiatry of the University of Naples SUN, Italy. He has authored more than 100 scientific papers on scientific journals and several chapters in scientific books and has been editor of 6 psychiatric books. His main research interests are social psychiatry and psychiatric epidemiology, in particular in the fields on prevention and rehabilitation of severe mental disorders.*



Scientific Coordinator  
**R. Pollice** (Naples, Italy)

*Rocco Pollice is currently Assistant Professor in Psychiatry at the University of L'Aquila, Italy.*

*He is also the Head of SMILE (The Early Intervention in Psychiatry Unit) at the Department of Life, Health & Environmental Sciences. His clinical and research fields of interest focuses on people with severe mental illness mainly on promotion, prevention and early intervention in psychosis. Psycho-educational family treatment and management of schizophrenia and serious mental illness, are others main research activities. He is the author of more than 100 scientific national and international papers and publications, mostly dealing with the psychosis onset, youths psychiatric disorders and clinical aspects of premorbid and functional features.*

# PARTICIPANTS

The following early career psychiatrists have been selected by the Faculty upon evaluation of CV, motivation letters and experience.



- Hadi Abadie
- Tiziano Acciavatti
- Olajinka Atilola
- Claudia Battaglia
- Giorgia Bilardi
- Lucia Cariuolo
- Elena Carra
- Viviana Censi
- Audrey Damilleville
- Ines Fernandes
- Laura Giusti
- Raffaella La Rovere
- Mario Luciano
- Stefano Marini
- Valentina Moretti
- Blazej Misiak
- Miriam Rizzo
- Francesco Rotella
- Maria Valentina Rumeo
- Vanessa Russo
- Jacopo Santambrogio
- Annette Stellinga
- Giovanna Todarello
- Annarita Tomassini
- Antonio Ventriglio

# TOPICS



The programme of the School includes lectures and small group work and its objectives are to inform the participants about key issues in psychiatry and to help participants to prepare research protocols suitable for submission or funding and for collaborative research.

The following topics on research methodology will be covered:

- ABC of research methodology
- Sampling and statistical power
- How to choose one's own research topics and interests
- How to choose the “right” research methods
- How to choose the “right” statistical analyses
- How to write a grant application and get it funded
- New strategies to fight stigma against people with psychosis
- Real world functioning and problems of people with a severe mental illness
- The role of the new long acting for improving quality of life in the real world
- Prevention, early intervention and outcome of people with schizophrenia
- How to read and write scientific papers

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## **HOW TO REACH S. STEFANO IN SEXANIO**

### **Motorway**

From Rome, take the A24 motorway, exit L'Aquila East and take the SS17 towards Pescara. At Barisciano, turn left and after 10 km you reach S. Stefano in Sexanio.

From Pescara, take the A25 motorway towards Rome. Exit Bussi sul Tirino-Popolino and follow for L'Aquila. At Barisciano, turn right and after 10 km you reach S. Stefano in Sexanio.

### **Closest airports**

Pescara, 60 minutes (daily flights from London Stanstead, Rome, Milan, Frankfurt).

Rome (Fiumicino, Ciampino), 90 minutes.

Organizing Secretariat



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**CONTACT DETAILS**

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