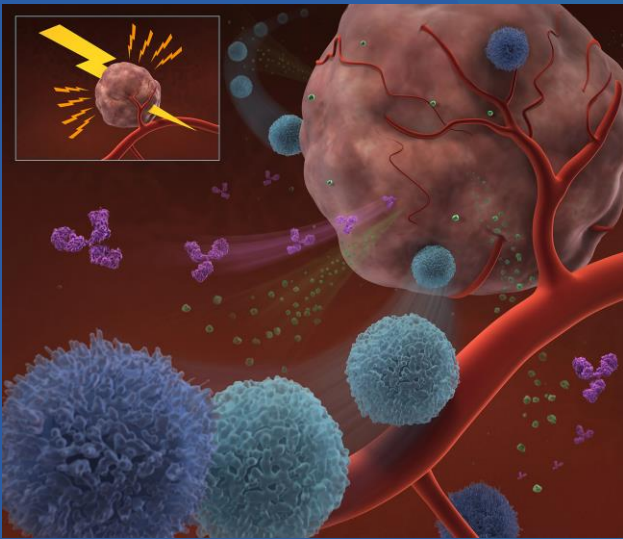


Spatially Fractionated, Flash and Microbeam Radiation Therapy



Mansoor M Ahmed, Ph.D.

*Radiation Research Program
Division of Cancer Treatment and Diagnosis
National Cancer Institute
Bethesda, MD, USA*

E-mail: mansoor.ahmed@nih.gov

**THE VIEWS AND OPINIONS
PRESENTED HERE DOES NOT
REFLECT THE OPINIONS OR
ENDORSEMENTS OF NIH OR NCI.**

DISCLAIMERS

**This talk will focus to discuss
published and unpublished data
originated from my previous
affiliation and from other
laboratories**

Novel modalities

1. *FLASH radiotherapy*
2. *Microbeam radiotherapy*
3. *GRID radiotherapy*

FLASH RADIOTHERAPY

Flash radiotherapy

Jaccard *et al. Med. Phys.* 2017



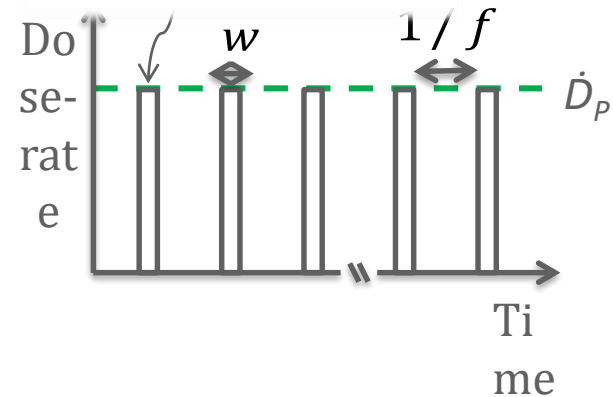
	Conventional IRT	FLASH RT
--	---------------------	-------------

Dose rate	$\approx 10^{-1}$ Gy/s	$30-10^7$ Gy/s
-----------	------------------------	----------------

Dose/pulse	$\approx 10^{-4}$ Gy	$1-10^1$ Gy
------------	----------------------	-------------

Time for 10 Gy delivery	10^2 s	$10^{-6}-10^{-1}$ s
-------------------------	----------	---------------------

$$\text{Dose/pulse} = \dot{D}_p \cdot w$$

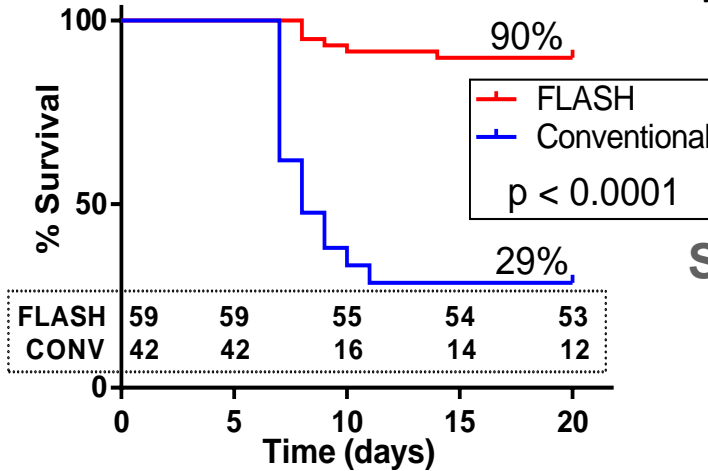


Why FLASH?

Unprecedented preclinical demonstration of *increased therapeutic index*



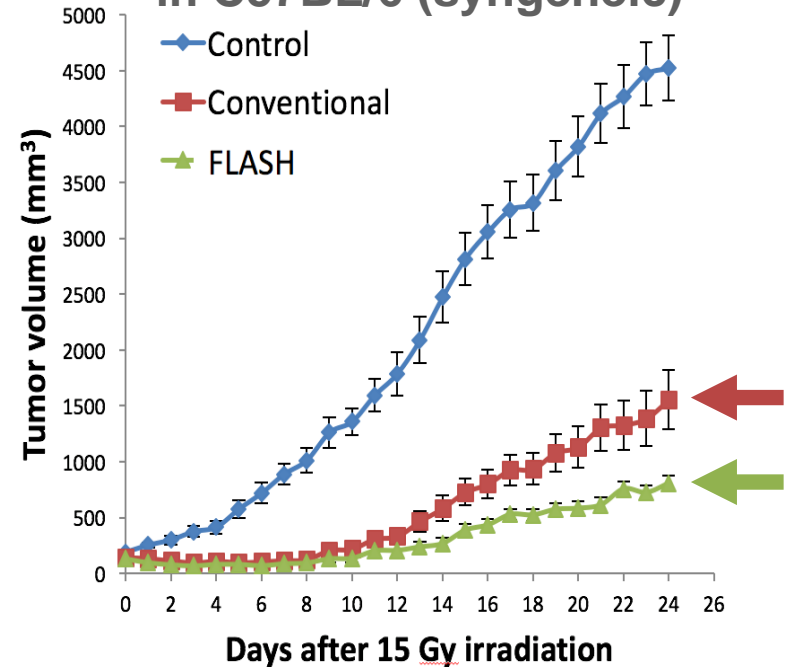
Mouse total abdomen irradiation 13-19 Gy



	0	5	10	15	20
FLASH	59	59	55	54	53
CONV	42	42	16	14	12

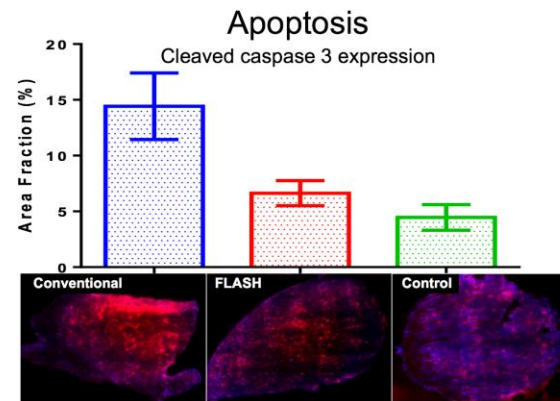
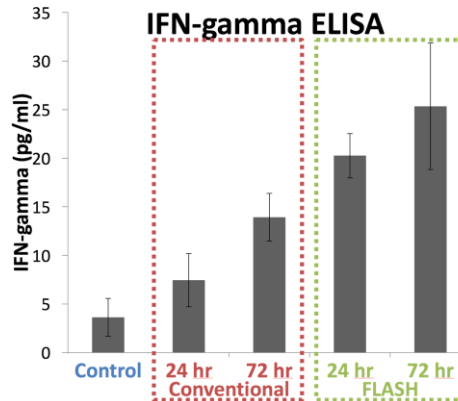
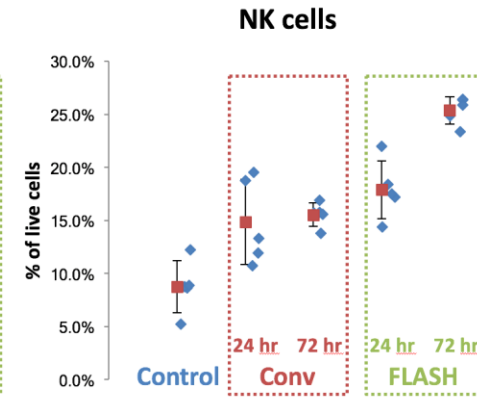
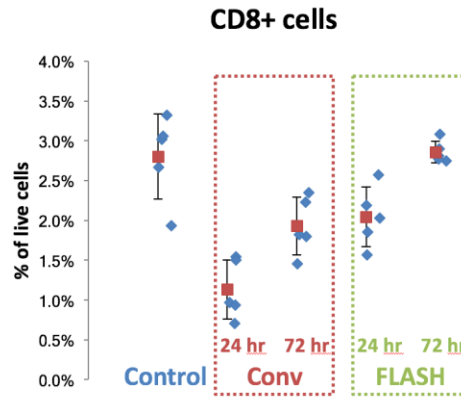
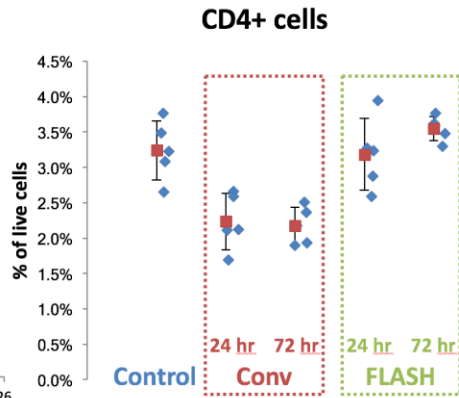
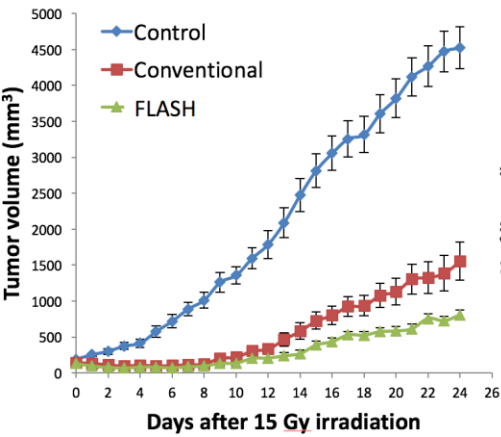
Loo Am Rad Soc 2017

Subcutaneous Lewis lung carcinoma in C57BL/6 (syngeneic)



Chou, Lartey Unpublished 2017

FLASH: Improved tumor control



Subcutaneous Lewis lung carcinoma in C57BL/6 (syngeneic)

*Chou, Lartey
Unpublished
2017*

24 Gy FLASH



28 Gy FLASH



31 Gy FLASH



34 Gy FLASH



41 Gy FLASH



- Good tolerance
 - Only mild acute reactions
 - Irreversible alopecia
- Promising results
 - PFS=84% at 1 year



P Devauchelle



P De Fornel



27 Gy FLASH

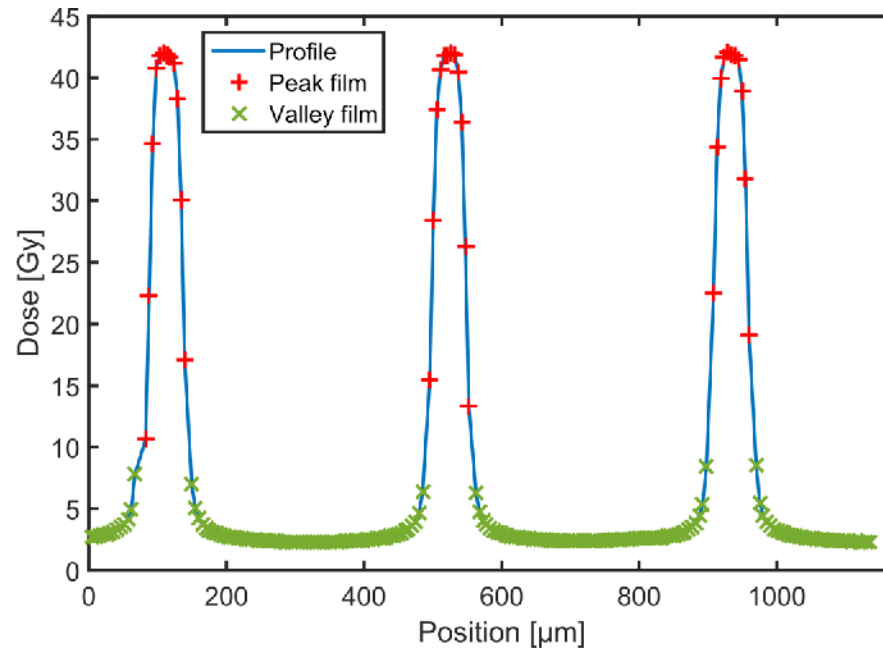
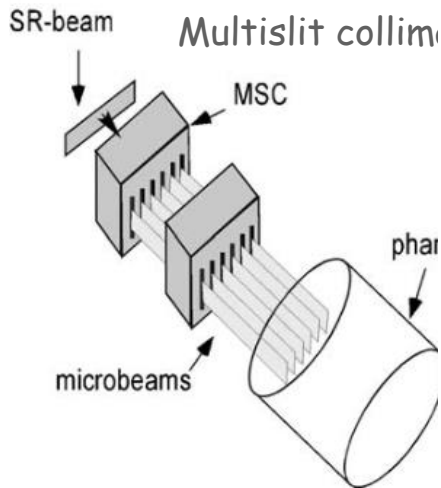
Microbeam Radiotherapy

u^b Microbeam Radiation Therapy (MRT)

What we need to demonstrate prior clinical application!?

- Efficacy, i.e. satisfactory tumor control
- High normal tissue tolerance, i.e. tumor selectivity
- Mechanism of action

European Synchrotron Radiation Facility (ESRF, Grenoble)



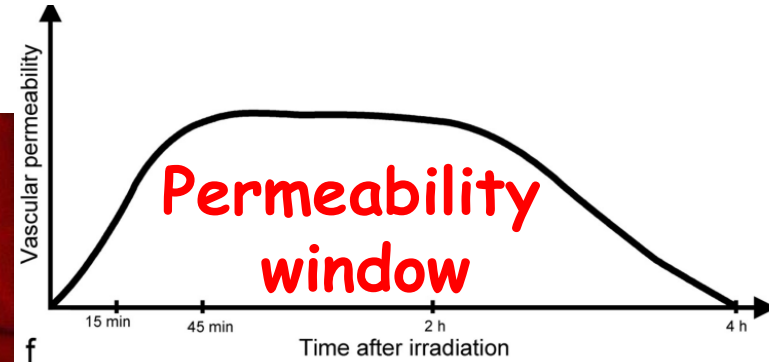
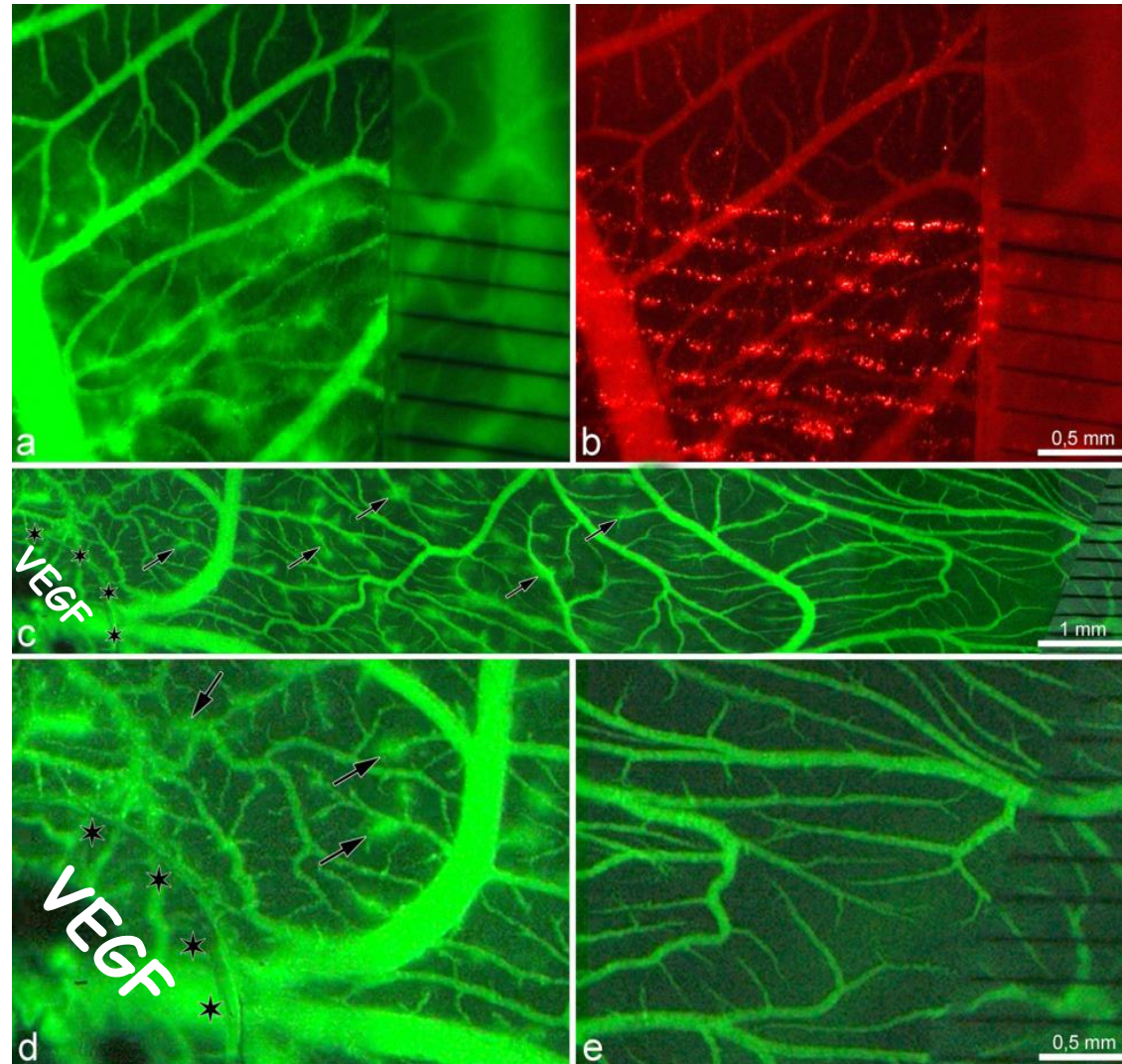
MRT = synchrotron generated X-rays with particular geometry

- Multiple
- Parallels
- Very thin: 25-100 μm
- 50-400 μm spaces
- Variable height

MRT allowing delivery of

Transient permeability window induced by low dose MRT

Patent: Microbeam Radiation Enhanced Drug Delivery



1. Low dose of MRT (100Gy) well tolerated/industry MRT
2. Only one, single short shot (<1 sec) MRT
3. Transient 15min → 4h
4. More effective in immature vessels

Tumor treatment

Green fluorescence: FITC- Dextran (30 nm) ; Red fluorescence: Rhodamine (100 nm)

Spatially Fractionated Grid Radiotherapy

- Kohler et al introduced SFRT in 1909, with the intention of treating deep-seated tumors and overcoming the skin toxicities associated with the poorly penetrating orthovoltage x-rays of the time.

- It was noted that smaller irradiated volume permitted higher dose tolerance, and through spatial fractionation, doses as high as 20 times the conventional doses could be tolerated by the skin.

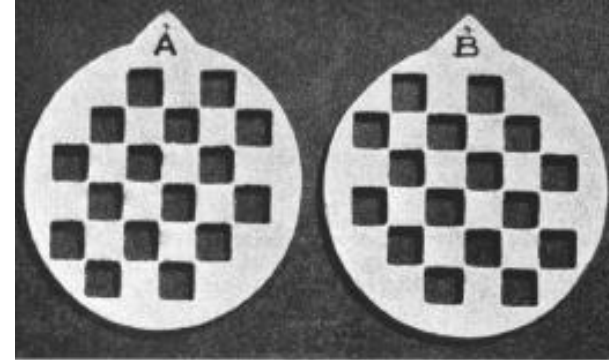
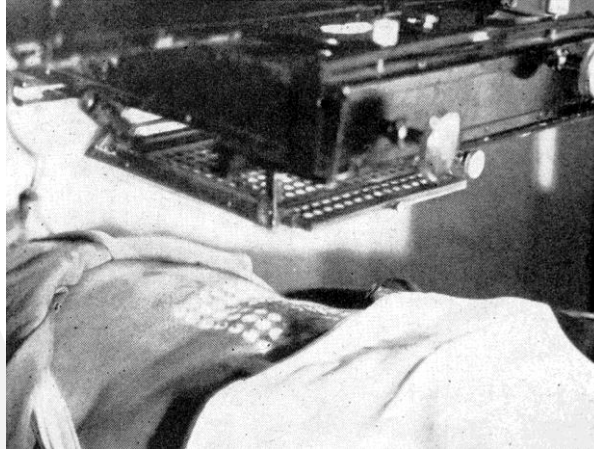


FIG. 21. Lead chest-board sieve for alternating therapy for superficial lesions. 7 cm. diam. area. 1 sq. cm. transparent and shielded squares.

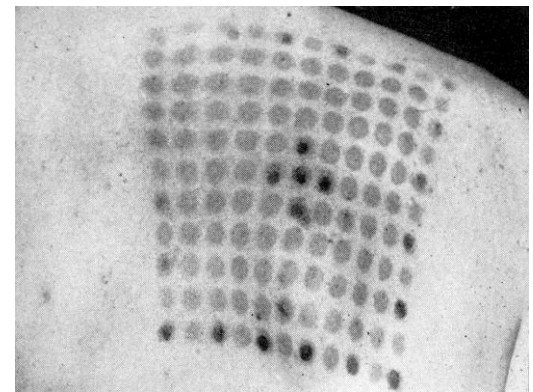
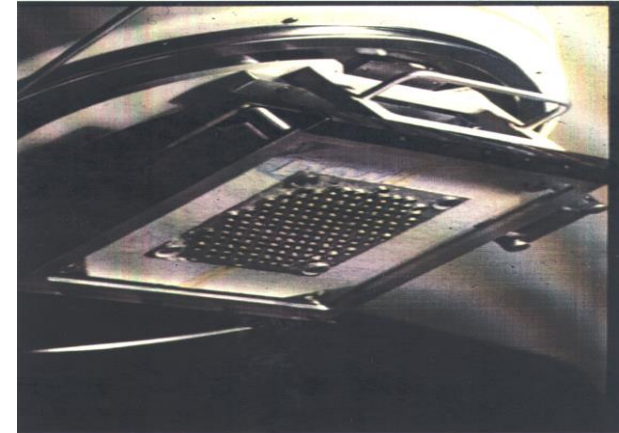
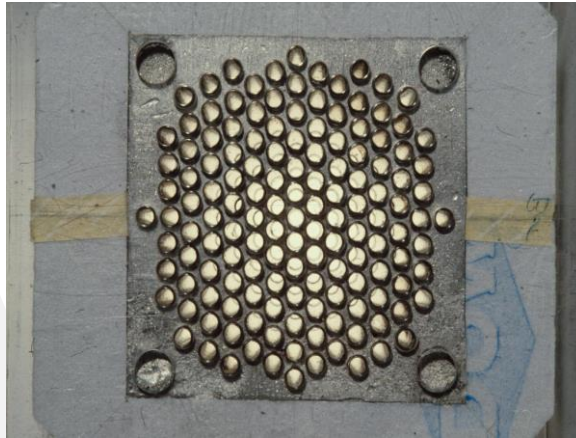


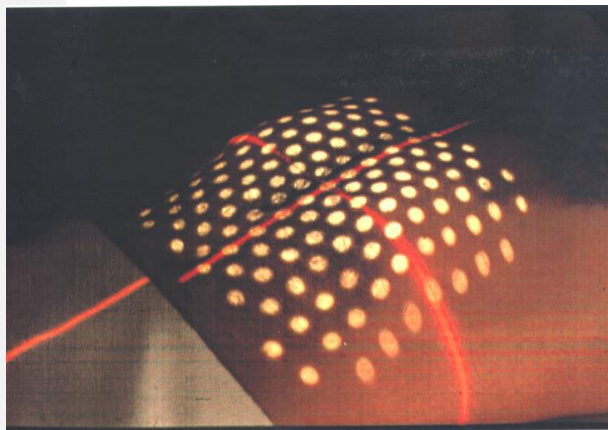
FIG. 24. Mosaic of erythema at end of sieve treatment for carcinoma of lung. 10,000 r were given in twenty-eight days (20 × 500 r) on anterior field and 5,000 r in nine days on posterior field.

- However, SFRT was disregarded when deeply penetrating megavoltage linear accelerators rendered the primary objective of the method null.

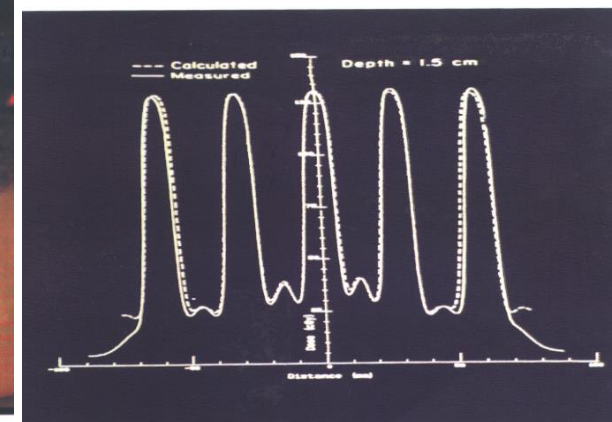
- Interest in SFRT would not be renewed until 1990, when Mohiuddin et al demonstrated the feasibility of this technique with bulky and refractory tumors, historically considered to be resistant to standard fractionated radiation therapy.



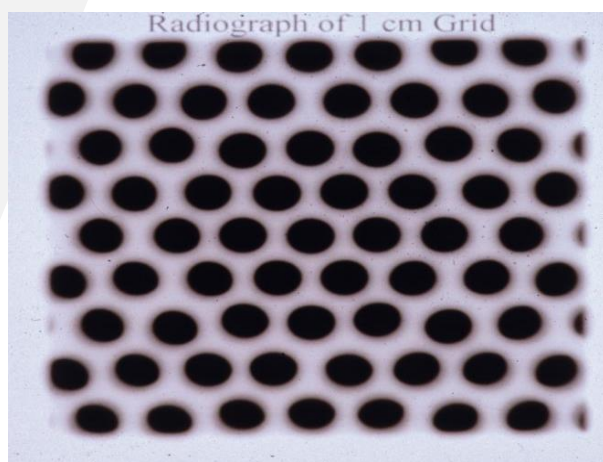
Treatment Grid (50:50) in Blocking Tray



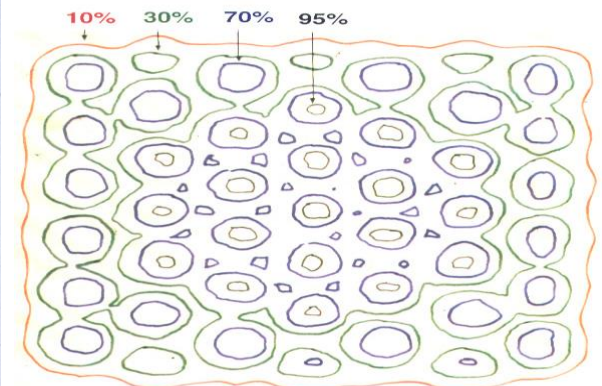
Spatially Fractionated (Grid) Field on Skin



Depth dose Profile at Dmax (6 MV X-Rays)



Radiograph of 1 cm Grid



Dose Distribution at 10 cm Depth in Tissue



Historically, use of high-dose radiation using GRID was either for palliation to alleviate pain or make amenable for surgery

Objectives

- 1. Pain Relief**
- 2. Decrease size of mass**
- 3. Control bleeding /ulceration**

High Dose Spatially Fractionated (GRID) Radiation

Palliative Response to Treatment

Symptoms	CR	PR	NR	NE
Pain	20%	58%	17%	5%
	└── 78% ─┘			
Mass	15%	54%	24%	7%
	└── 69% ─┘			
Bleeding	50%	50%	----	--

High Dose Spatially Fractionated (GRID) Radiation

Response Rate By Histology

Histology	# Rx	CR	PR	NR	NE
Squamous	117	24(21%)	68(58%)	8(8%)	4(7%)
Adenocarcinoma	135	20(15%)	83(61%)	10(7%)	22(17%)
Melanoma	20	7(35%)	9(45%)	3(15%)	1(5%)
Sarcoma	57	16(28%)	33(58%)	4(7%)	4(7%)

High Dose Spatially Fractionated (GRID) Radiation

Response Rate By External Beam Dose

Tx		CR	PR	NR	NE
0 Gy	95	14(15%)	55(57%)	8(9%)	18(19%)
		└── 72% ─┘			
≤ 40 Gy	126	16(13%)	76(60%)	12(10%)	22(17%)
		└── 73% ─┘			
≥ 40 Gy	136	46(34%)	77(57%)	6(4%)	7(5%)
		└── 91% ─┘			

High Dose Spatially Fractionated (GRID) Radiation

Survival:

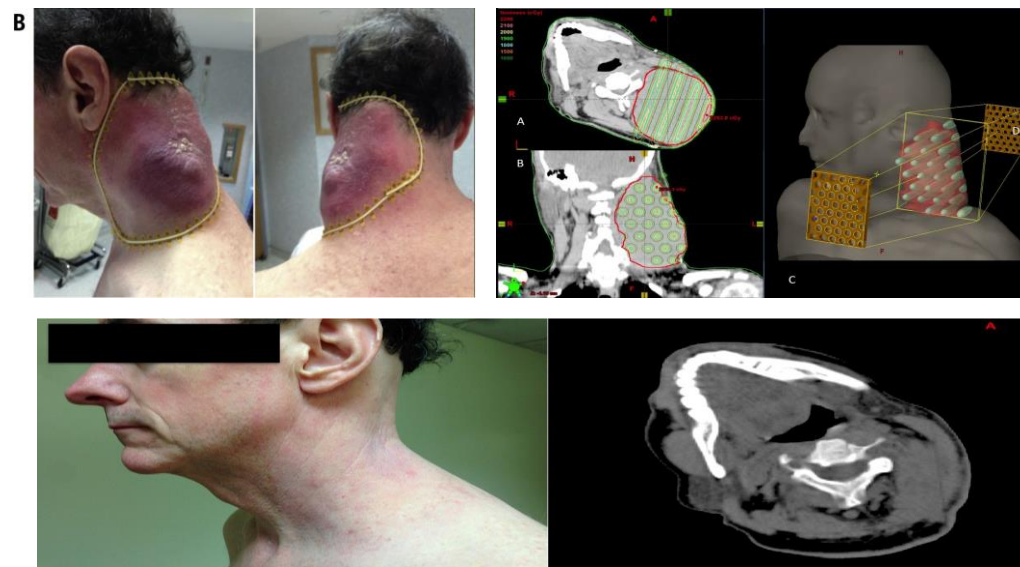
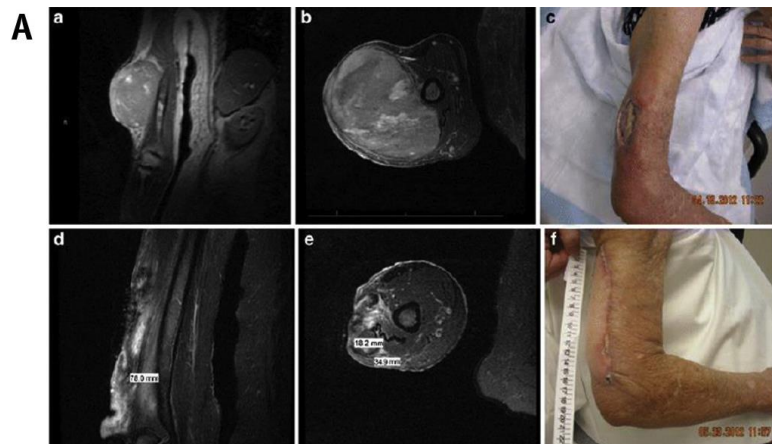
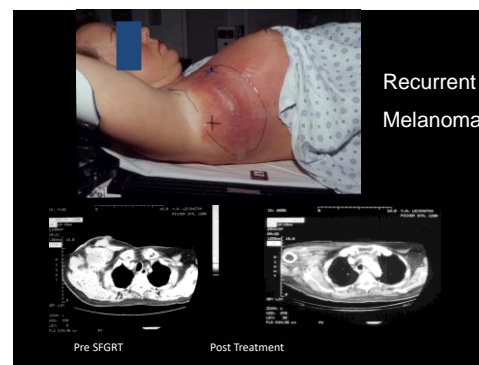
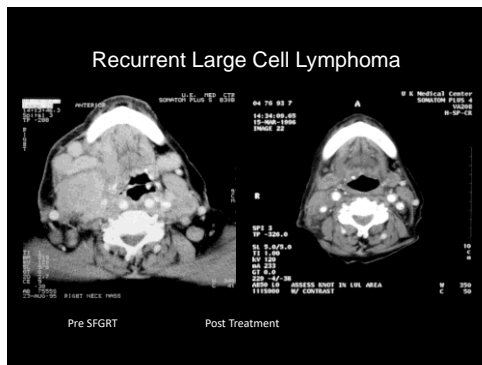
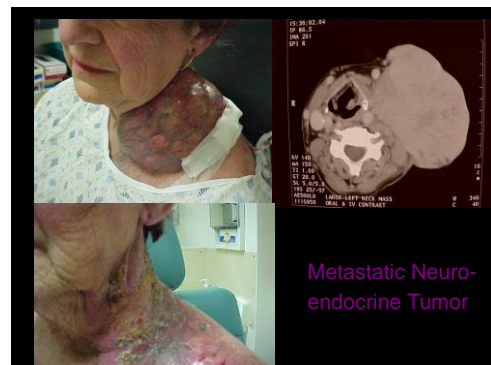
Range	0 - 116 Months
Median	6 Months
Alive 1 year	99 patients
Alive 5 years	18 patients

Summary of clinical studies

Using “GRID” as pre-boost (priming) for standard 2 Gy EBRT

Authors	Treated Sites (n)	Follow-up, median (range) (mo)	Histology	GRID dose, median (range) (Gy)	Prior RT	GRID only	Control rates	Side effects
Mohiuddin et al, 1990 ⁵	22	NR (1-18)	Diverse	NR (10-15)	27%	36%	Response rate: 91%	1 acute skin erythema, 2 N&V, 2 diarrhea, 1 late SBO
Mohiuddin et al, 1996 ⁷	72	4 (0.5-28)	Diverse	NR (10-25)	24%	44%	Response rate: 91%	No grade 2 or higher acute toxicity
Mohiuddin et al, 1999 ¹⁸	87	7 (3-42)	Diverse	15 (10-20)	9%	20%	Response rate: 91%	1 grade 3 acute mucositis, 1 fatal carotid blowout
Kudrimoti et al, 2002 ¹⁹	20	NR	Melanoma	15 (12-20)	25%	25%	Response rate: 80%	No grade 3 or higher toxicities
Huhn et al, 2006 ²²	27	10 (3-44)	SCC of H&N	15 (15-20)	0%	0%	(1) Neck control rate: 93%; (2) neck control rate 92%	(1) acute G 2-3 skin toxicity, 10 late G 2 soft tissue and muscle fibrosis; (2) 3 poor postoperative wound healing, 4 fibrosis limiting neck movement
Mohiuddin et al, 2009 ²⁰	44	9 (2-44)	Soft tissue sarcoma	15 (12-20)	NR	9%	Response rate 76%	2 G 3 acute skin reactions
Penagaricano et al, 2010 ²³	14	19.5 (2-38)	SCC of H&N	20	0%	0%	Local control rate: 79%	1 fatal carotid blowout, 11 acute G 2-3 skin reaction, 13 acute G 2-3 mucosal reaction, 4 late G 2-3 skin fibrosis
Neuner et al, 2012 ¹³	79	2 (0-51.6)	Diverse	15 (10-20)	NR	20%	Pain response rate, block: 95%, pain response rate, MLC: 74%, mass effect response rate, block: 84%, mass effect response rate, MLC: 79%	4 G 3-4 acute skin reactions with block versus 10 G 3-4 acute skin reactions with MLC
Mohiuddin et al, 2014 ²¹	14	14 (3-43)	Soft tissue sarcoma	18	0%	0%	Local control rate: 100%	1 G 3 acute skin, 2 delayed wound healing
Edwards et al, 2015 ²⁴	53	mean 34 (1-239)	SCC of H&N	15	NR	0%	Local control rate: 81%	2 late toxicities requiring feeding tubes

Abbreviations: G = grade; H&N = head and neck; MLC = multileaf collimator; N&V = nausea and vomiting; NR = not reported; RT = radiation therapy; SCC = squamous cell carcinoma.



(A) A rapidly progressing upper extremity spindle cell sarcoma despite conventional EBRT was treated with 18-Gy GRID boosted by 32-Gy EBRT. Tumor regression was 90%, including gross tumor involving the medial humerus that was shielded. (B) A patient with an uncontrolled 18-cm nodal melanoma mass, progressing after IL-2, ipilimumab, and pembrolizumab. The authors treated with 20-Gy SFRT followed by 50-Gy conventional EBRT and pembrolizumab with a complete and sustained response.

Grid clinical data interpretation

- The results of available clinical data on GRID therapy are legitimate grounds for excitement:
 - The response rates appear to be higher than established historical precedent.
- However, there are also important limitations of the studies described. In most cases, interpretation of these studies is confounded by:
 - Lack of a control arm
 - Significant heterogeneity in the study population;
 - Uncontrolled or inconsistent combination with conventional EBRT
 - Unclear dose and delivery methods relative to target volumes and organ-at-risk (OARs).

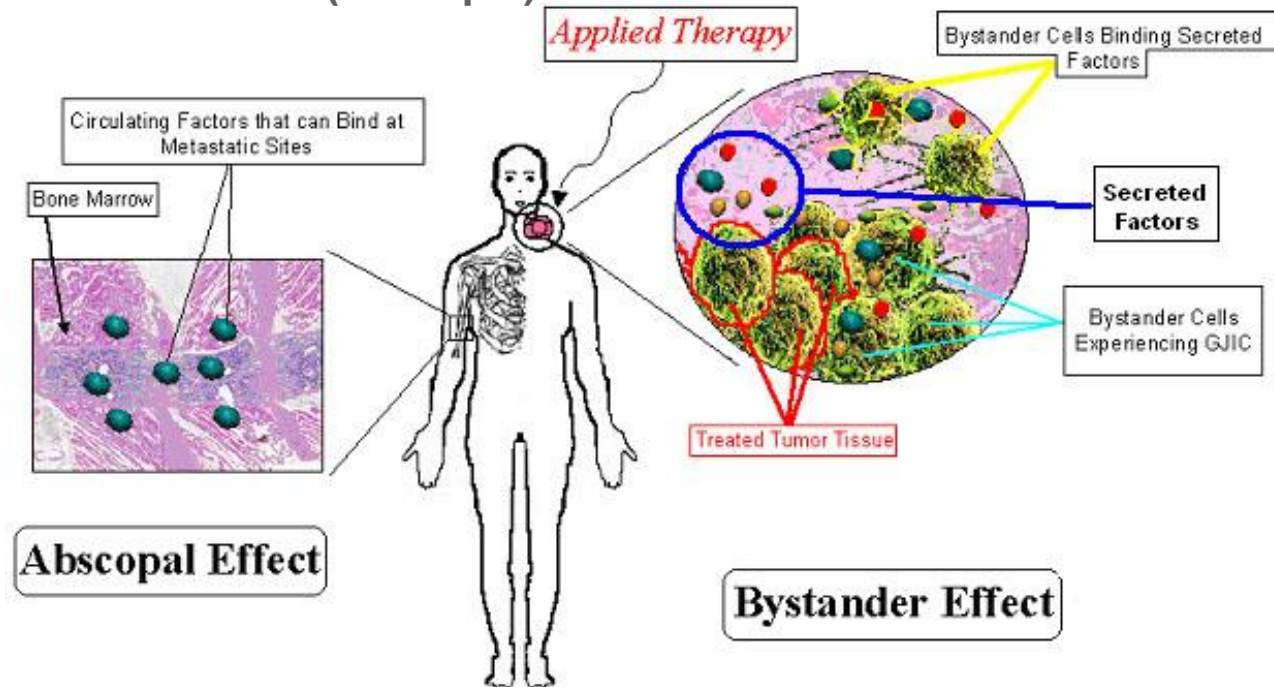
Key issues

- No dosimetry data as to what happens during a clinical treatment especially with multi-fractions or opposed fields if they are used.
- There is lack of standardization across centers.

Hence, these gaps are a part interest for rigorous research.

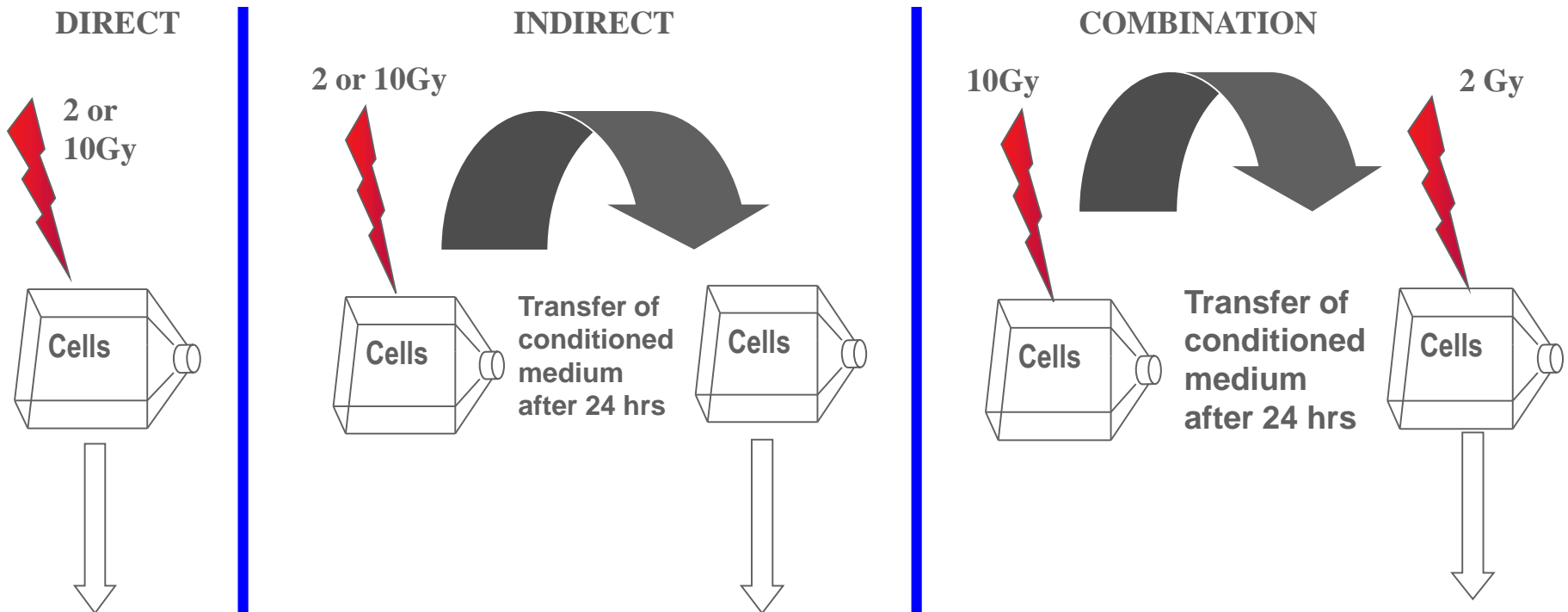
Radiobiology of SFRT

- Spatial fractionation minimizes the toxicity of high-dose radiation by limiting the volume of normal tissue receiving radiation (ie, the dose-volume effect). This allows nearby normal cells to migrate and mediate repair damaged areas.
- Although certain tumor volume is spared from direct physical radiation, SFRT remains clinically effective by leveraging nontarget effects and tumor microenvironment changes.
- The tumoricidal mechanisms putatively active in nonhomogeneous radiation fields involve signal-mediated effects in the neighborhood of the irradiated tumor (bystander) and in distant sites (abscopal).



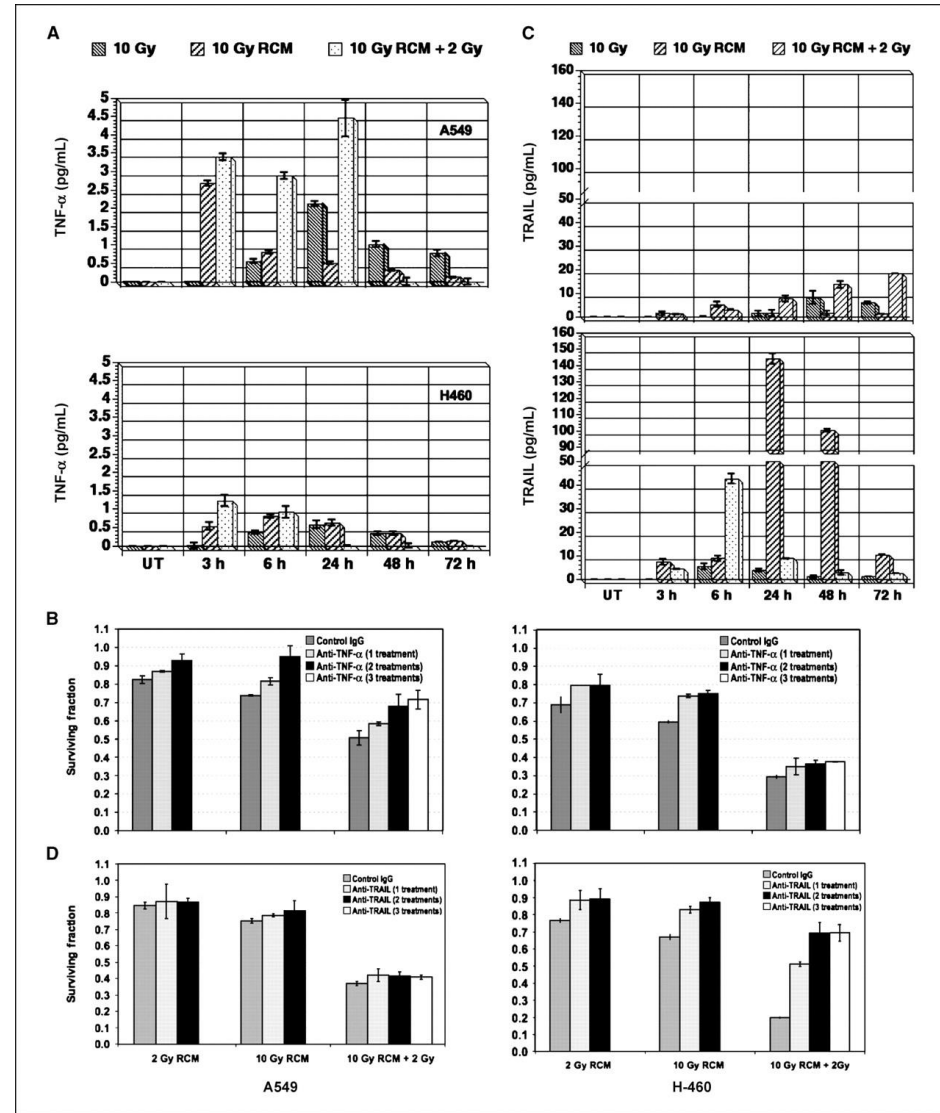
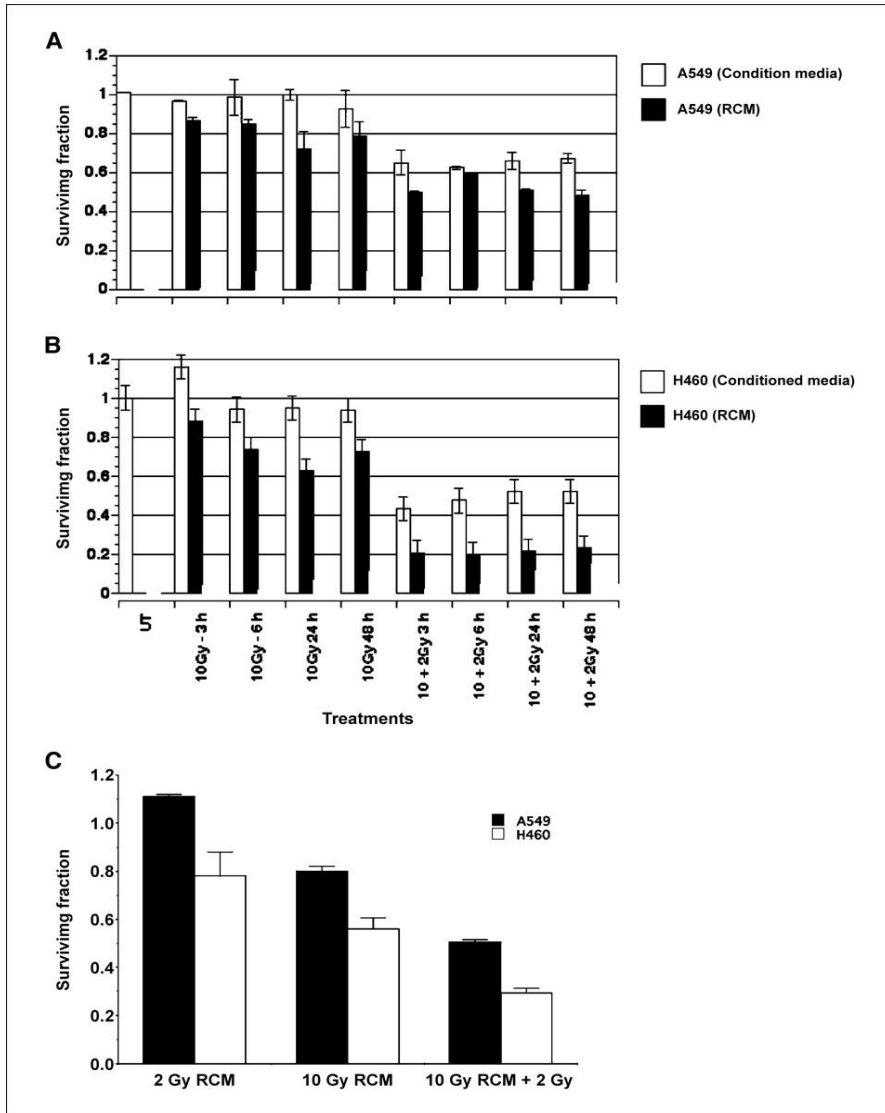
RADIOBIOLOGY OF SFRT

DIFFERENTIAL BYSTANDER SENSITIVITIES AND ROLE OF CYTOKINES

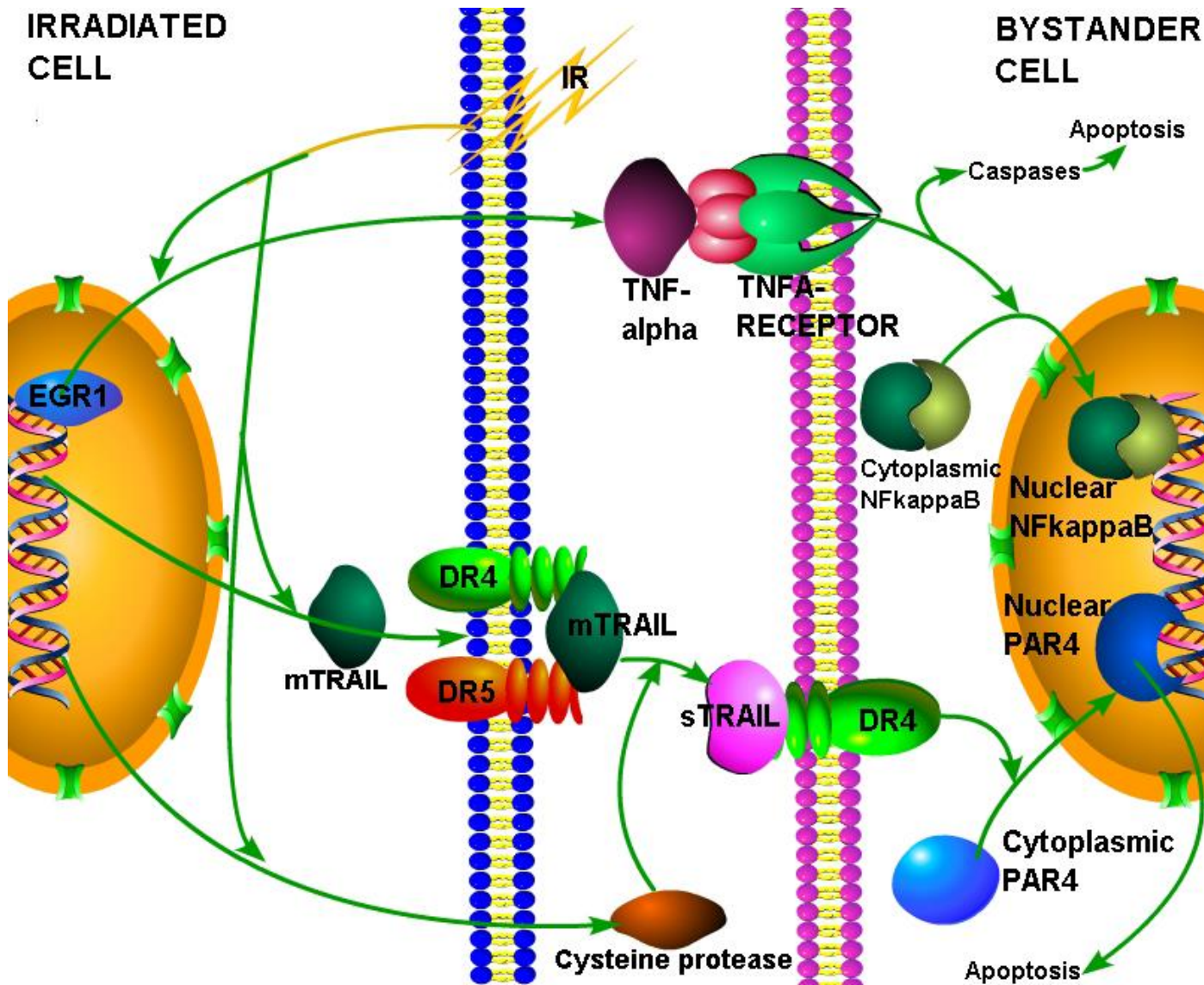


COLONY FORMING ASSAY/ WESTERN BLOT ANALYSIS EMSA/ ELISA/ TUNEL

DIFFERENTIAL BYSTANDER SENSITIVITIES AND ROLE OF CYTOKINES

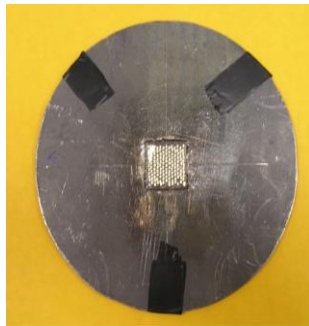


PROPOSED MECHANISM OF RADIATION-INDUCED BYSTANDER SIGNALING



Shareef, M.M., Cui, N., Burikhanov, R., Gupta, S., Satishkumar, S., Shajahan, S., Mohiuddin, M., Rangnekar, V.M., and Ahmed, M.M. (2007). Role of tumor necrosis factor-alpha and TRAIL in high-dose radiation-induced bystander signaling in lung adenocarcinoma. *Cancer Res* 67, 11811-11820.

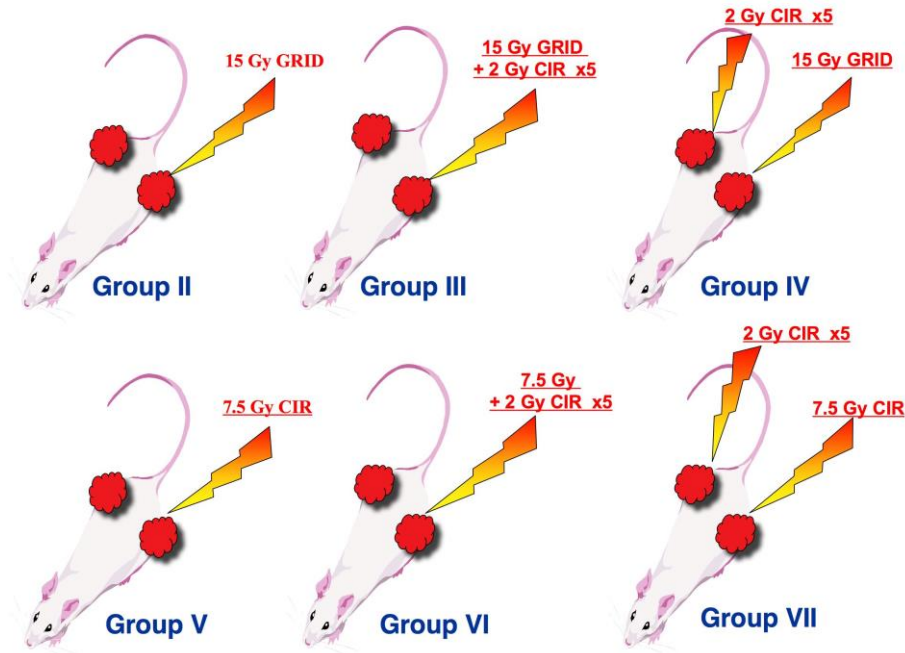
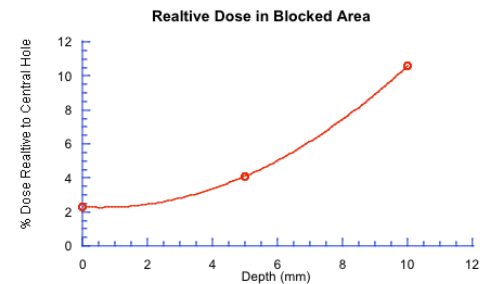
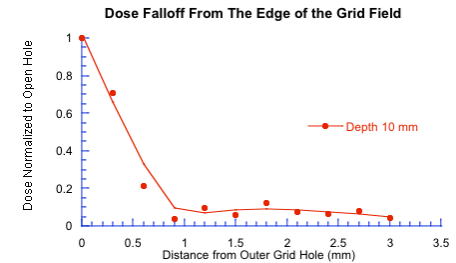
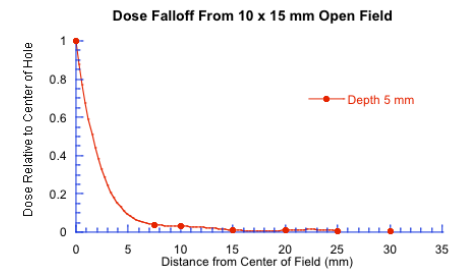
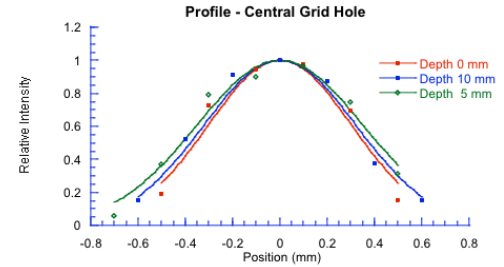
In-vivo: NUDE MICE studies using A549 cells



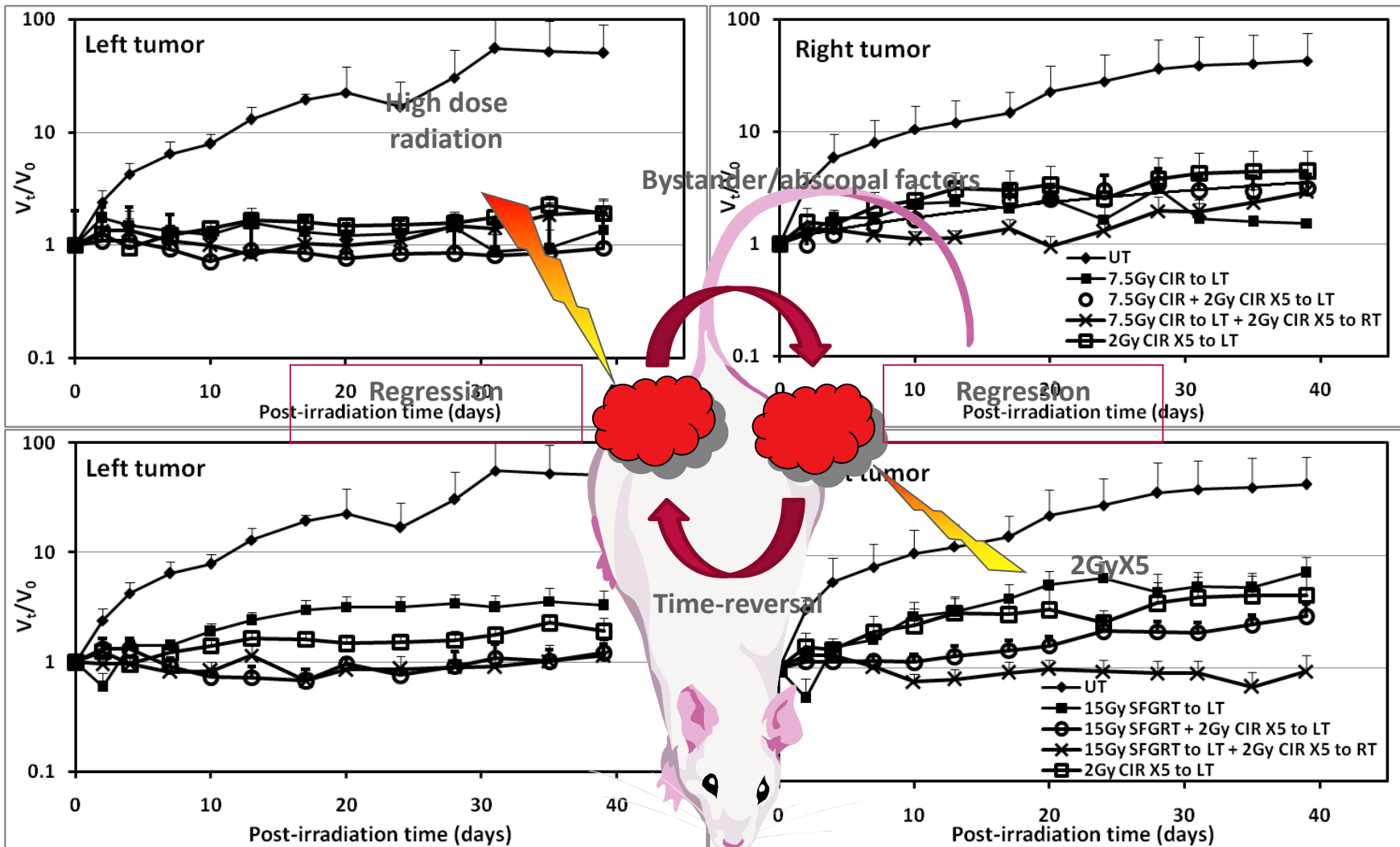
Low energy
GRID

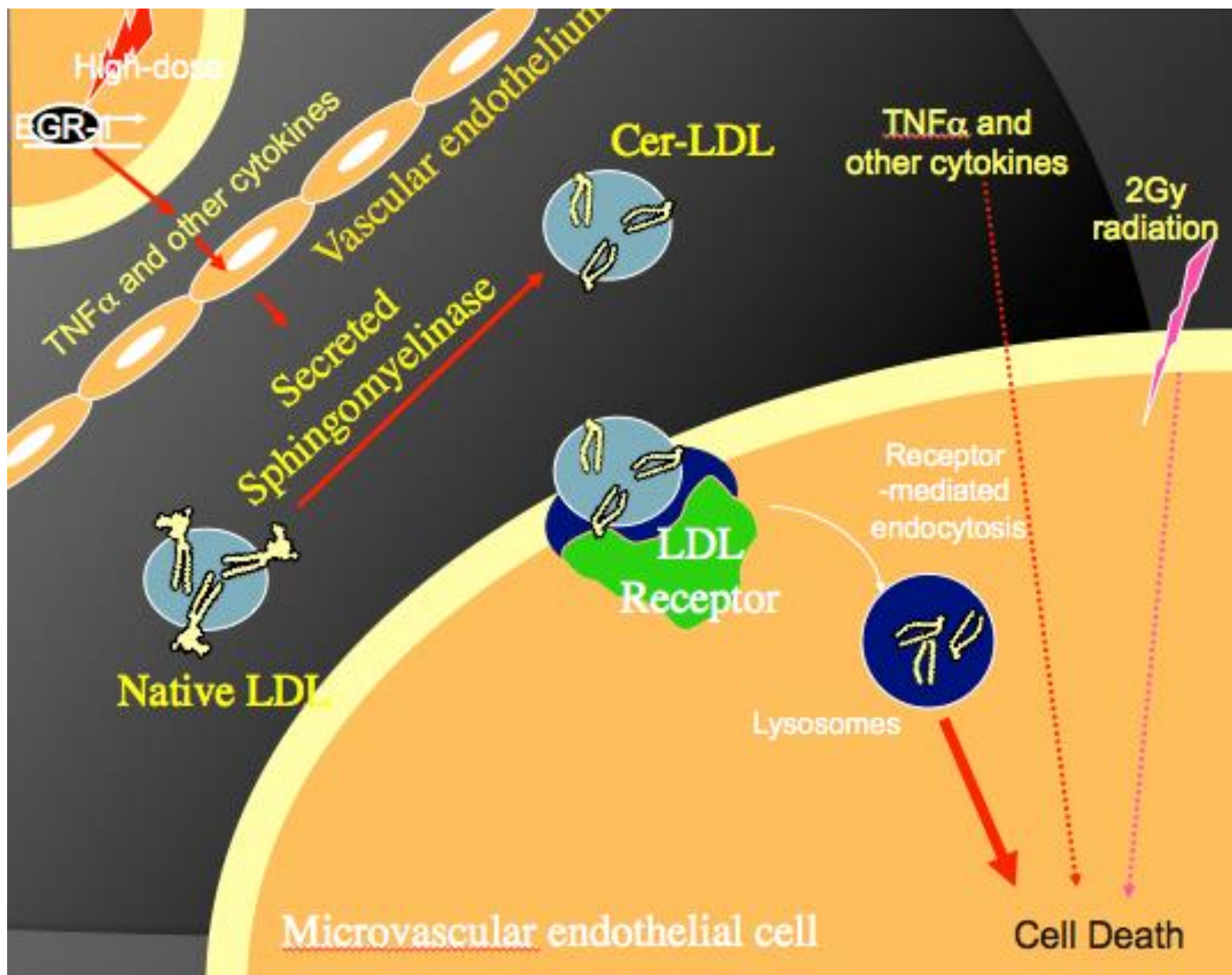


Film showing
the GRID field



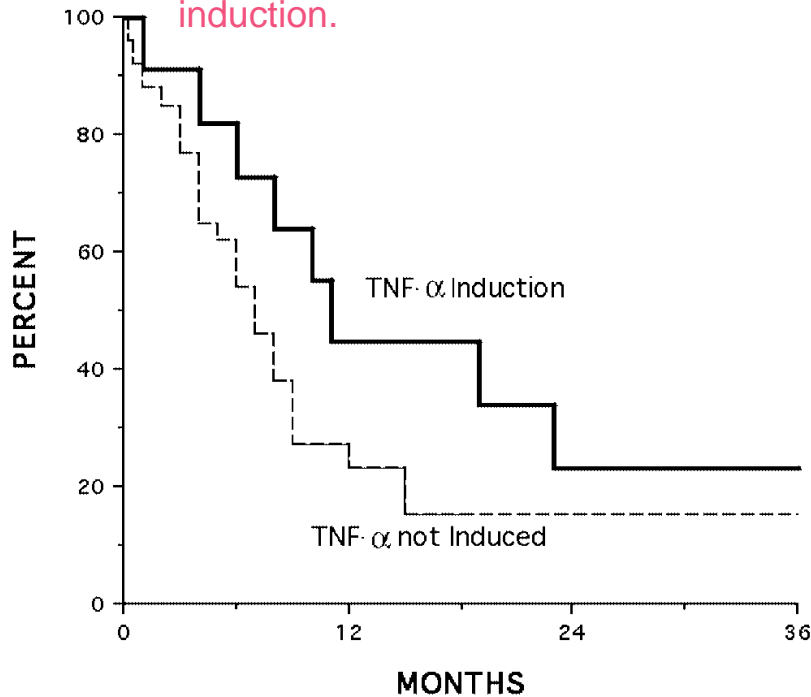
Tumor growth curves



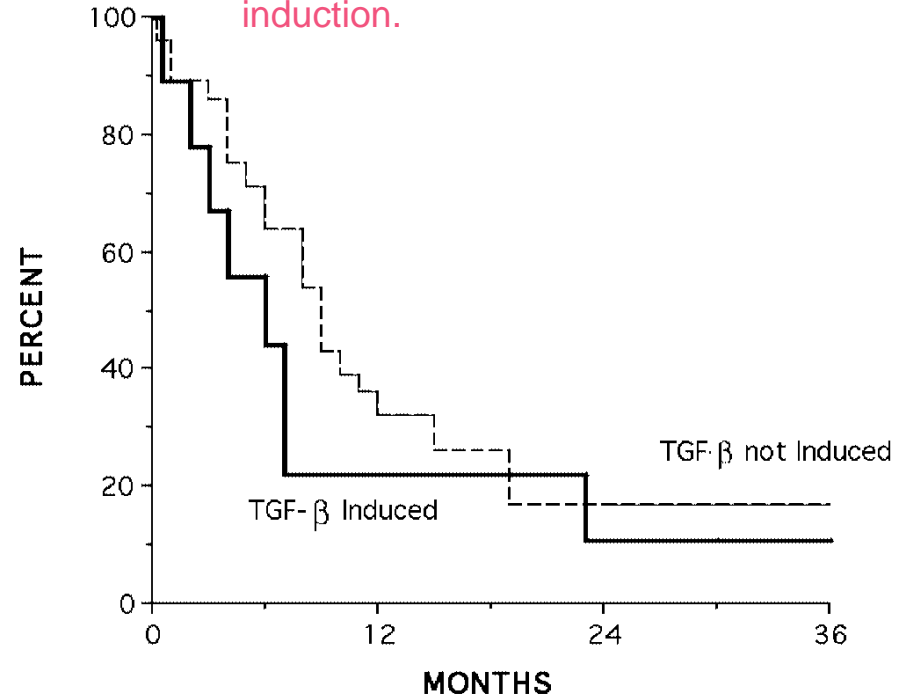


High Dose Spatially Fractionated (GRID) Radiation in Patients with bulky tumors

High dose spatially fractionated radiation survival of patients by TNF- α induction.



High dose spatially fractionated radiation survival of patients by TGF- β induction.



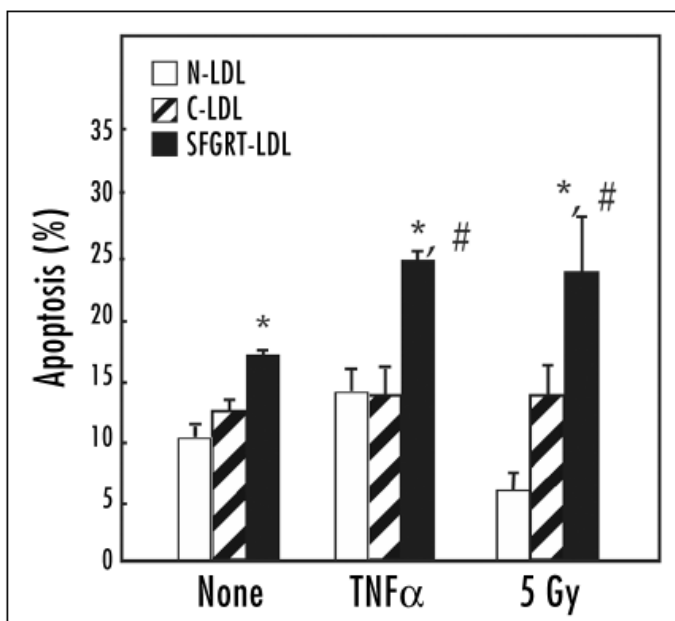
Technology in Cancer Research & Treatment, Volume 1, Number 2, April 2002

ASMase and Ceramide activity in serum of SFGRT treated patients cause induction of apoptosis in HUVECs

Table 2 **S-SMase activity and ceramide mass in serum patients at before and 72 h after Grid radiation (15 Gy)**

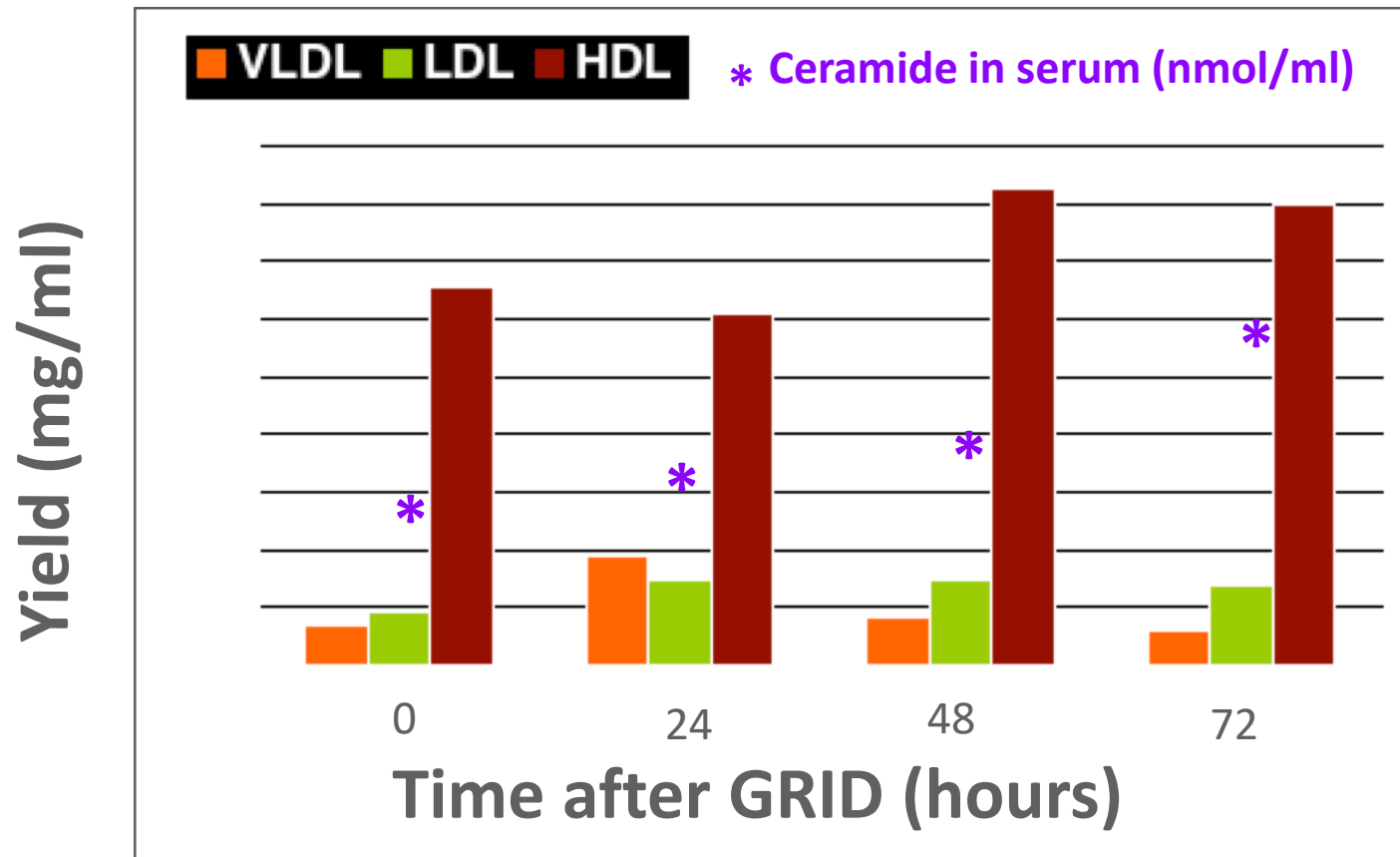
Patient ID	S-SMase activity (pmol/ml/hour)			Ceramide (nmol/ml)			Response
	PreGrid	72 h	Change (fold)	PreGrid	72 h	Change (fold)	
16	21.4 ± 0.1	858.1 ± 0.1*	40.8	5.9 ± 0.1	9.1 ± 0.2*	1.54	CR
55	940.3 ± 0.1	935.5 ± 0.1	0.99	11.3 ± 0.6	18.5 ± 1.1*	1.64	CR
57	141.3 ± 0.1	55.2 ± 14.4	0.39	11.9 ± 1.0	18.2 ± 2.1*	1.53	CR
70	45.0 ± 0.1	107.1 ± 0.1*	2.40	n.d.	n.d.	n.d.	CR
13	<12.1	117.1 ± 12.2*	9.7	17.1 ± 2.9	18.2 ± 2.1	1.06	PR
29	790.3 ± 0.1	895.9 ± 0.1*	1.13	6.5 ± 0.6	11.6 ± 0.4*	1.78	PR
32	904.6 ± 0.1	972.6 ± 0.1*	1.07	11.0 ± 1.2	25.1 ± 1.6*	2.14	PR
45	119.1 ± 0.8	52.1 ± 60.5	0.43	11.7 ± 1.3	6.1 ± 0.4	0.52	PR
44	82.8 ± 22.9	57.1 ± 25.4	0.69	10.8 ± 0.9	9.6 ± 1.4	0.88	NR
63	57.0 ± 20.2	34.9 ± 5.8	0.61	8.5 ± 1.4	10.4 ± 1.9	1.22	NR
71	125.7 ± 0.1	72.0 ± 1.8	0.33	n.d.	n.d.	n.d.	NR

Blood samples were collected 1 hour prior and at 72 hours after irradiation with 15 Gy delivered through grid. SMase activity and ceramide content was measured in serum. S-SMase activity was monitored using LDL-enriched NBD-SM as a substrate and HPLC-based method for quantitation of the generated NBD-Ceramide. The mass of endogenous ceramide was quantified by TLC/HPLC as described in the Materials and Methods section. CR, complete response; PR, partial response, NR, no response; nd, not determined. Data are average ± SD (n = 3 replicates per serum sample). *indicates SFGRT induced S-SMase/Ceramide.



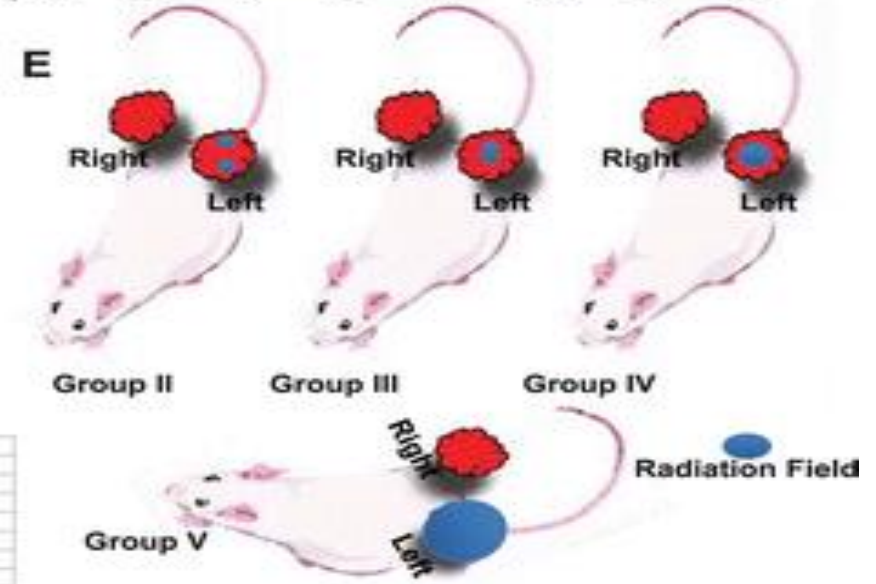
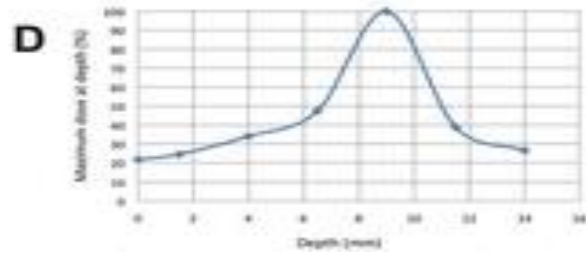
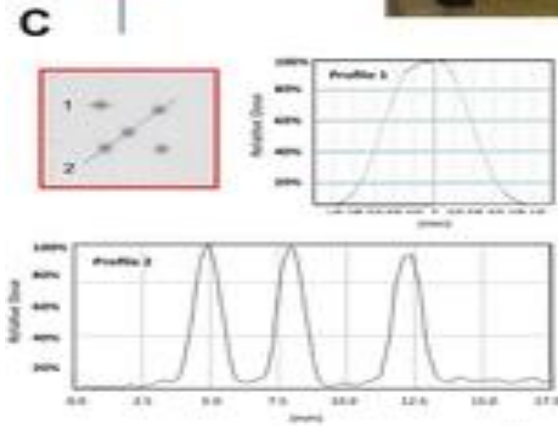
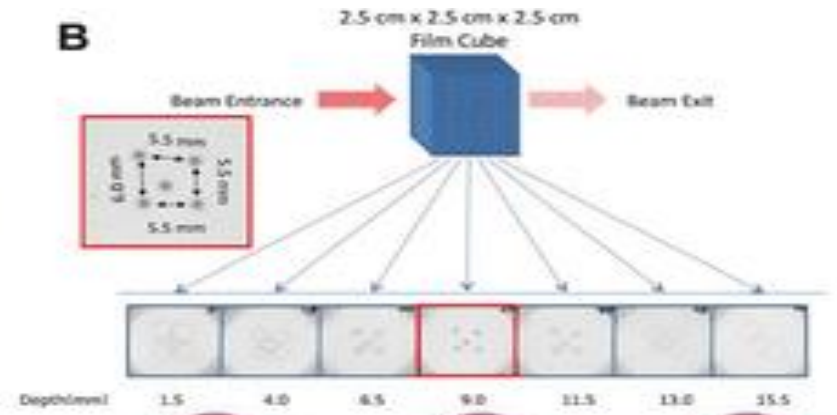
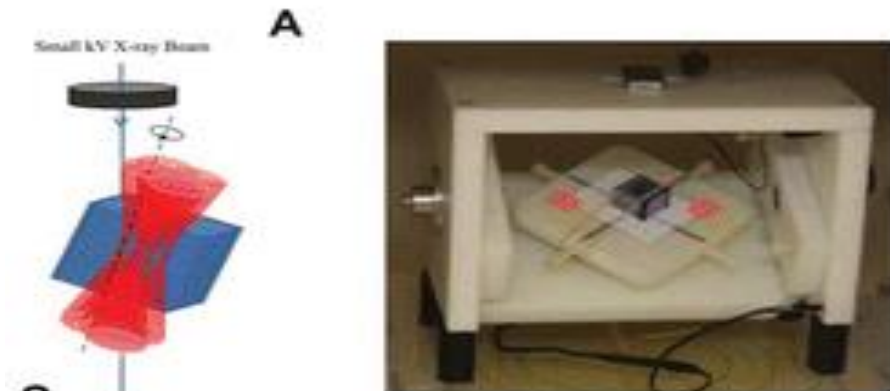
LDL isolated from SFGRT patients induces apoptosis in HMEC-1 cells. LDL were separately isolated from the freshly collected serum samples of two patients before (C-LDL) and at 72 h after SFGRT (SFGRT-LDL). LDL from healthy volunteer (N-LDL) was used also as a control. HME-1 cells were treated with the different LDL preparations (150 µg/ml) for 16 hours in low-serum medium (0.2%). Cells were also treated with TNFα (25 ng/ml, added simultaneously) or irradiated with 5Gy (5–10 min after LDL addition). Results are representative for lipoproteins isolated from two patients.

SFGRT-induced increases in serum ceramide are not due to changes in lipoprotein profile

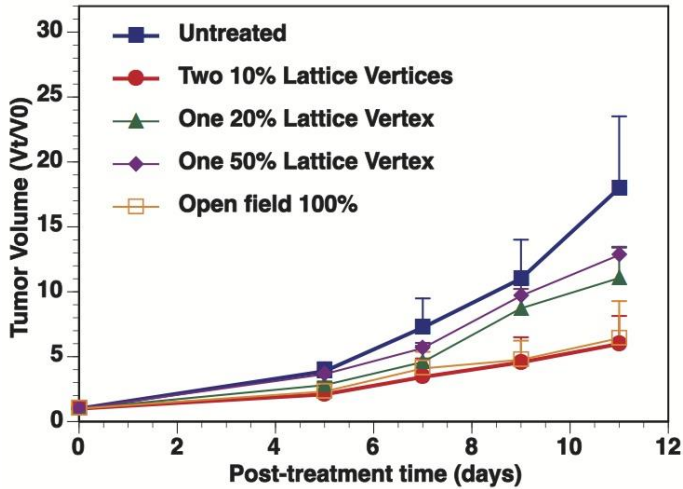


Spatially Fractionated Lattice Radiotherapy

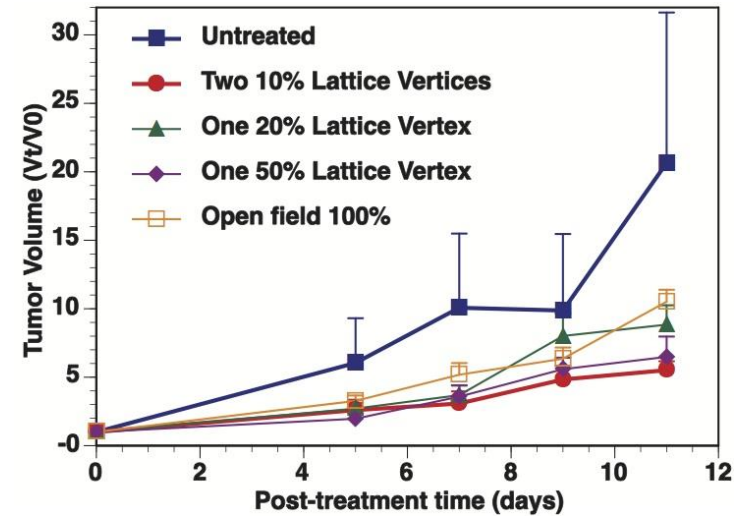
Rotational delivery device for high-dose LRT delivery in immune efficient mice



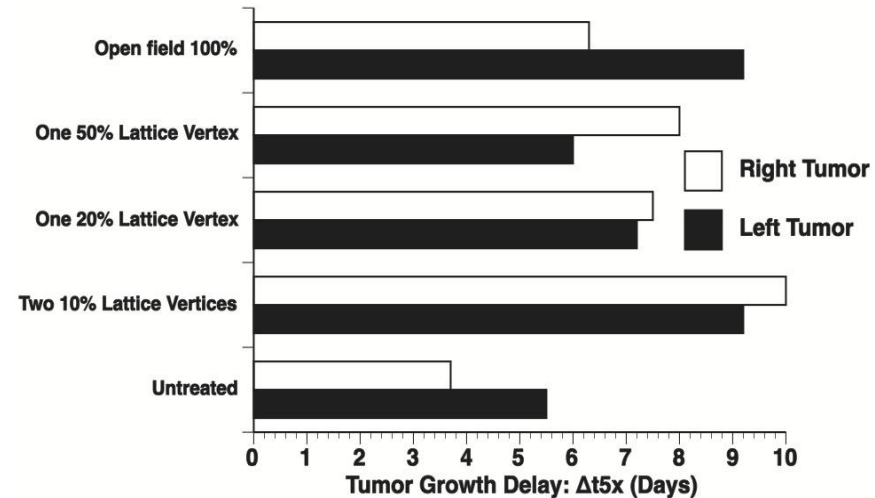
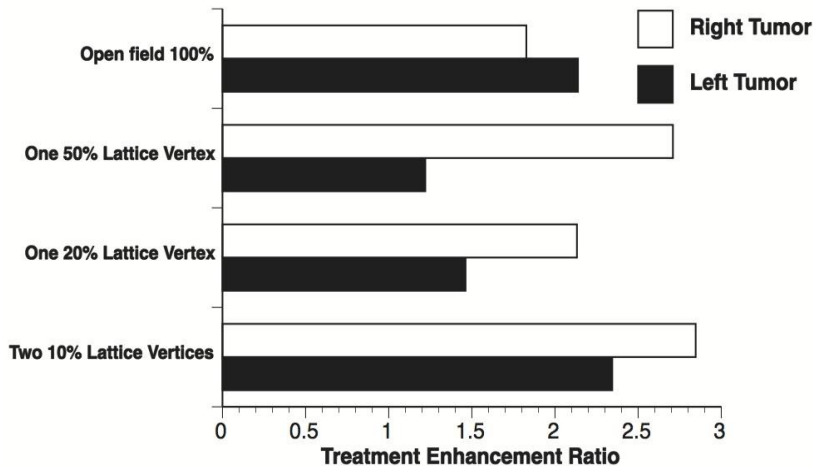
LEFT IRRADIATED TUMOR



RIGHT UNTREATED TUMOR



Mice treated with lattice two (10%) vertices led to reduced tumor growth both locally and distally



Immunity enhanced:

Kanagavelu..Ahmed et al,
Rad Res 2014

Lattice irradiation tends to
increase T cell infiltrate in
remote tumor

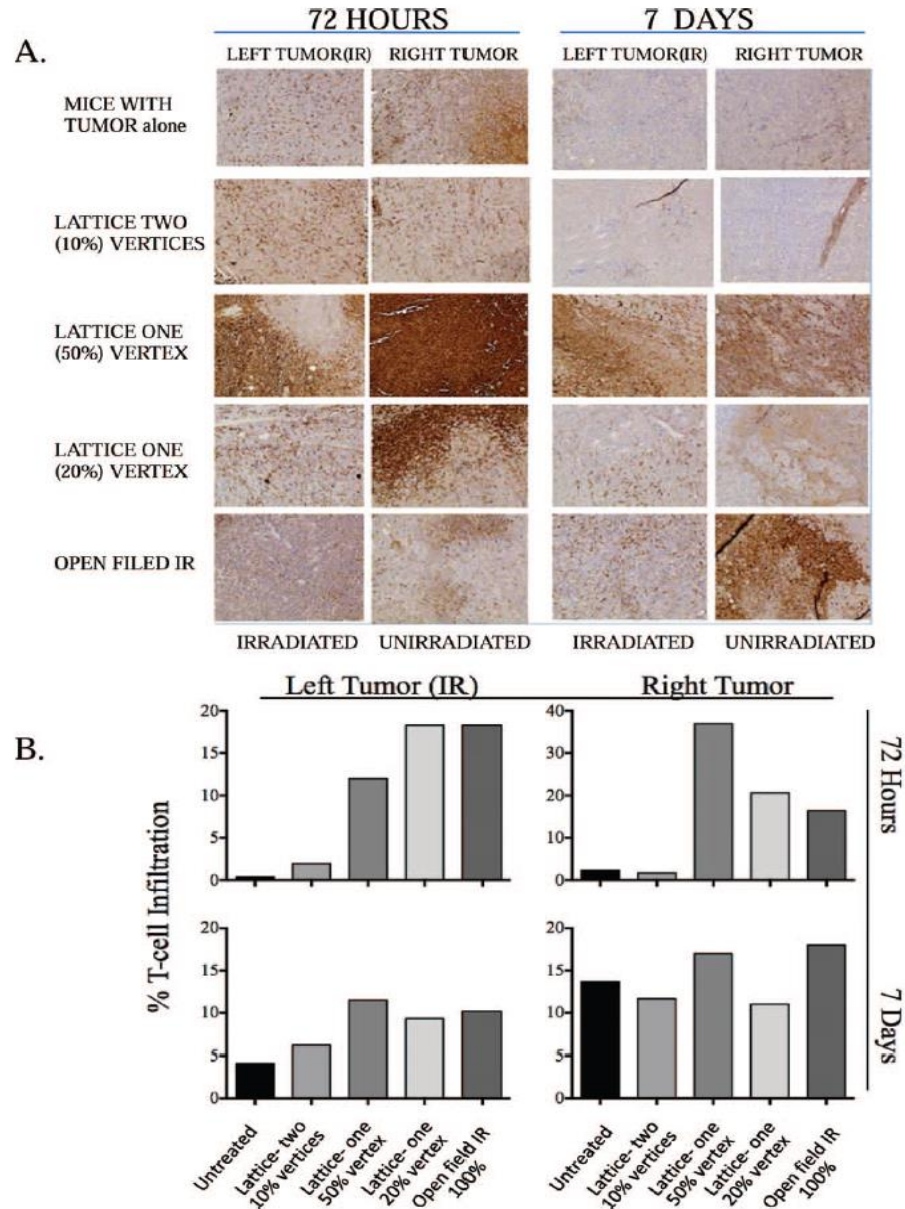
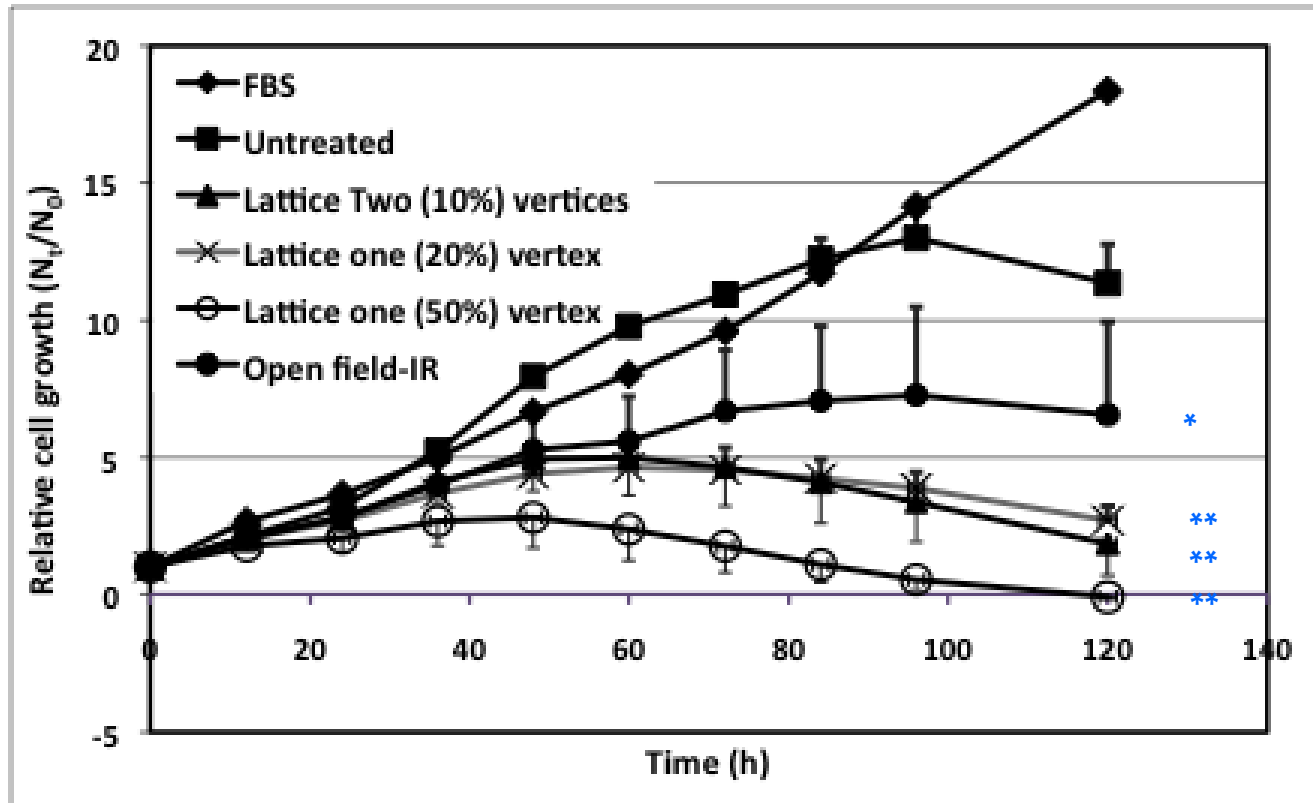
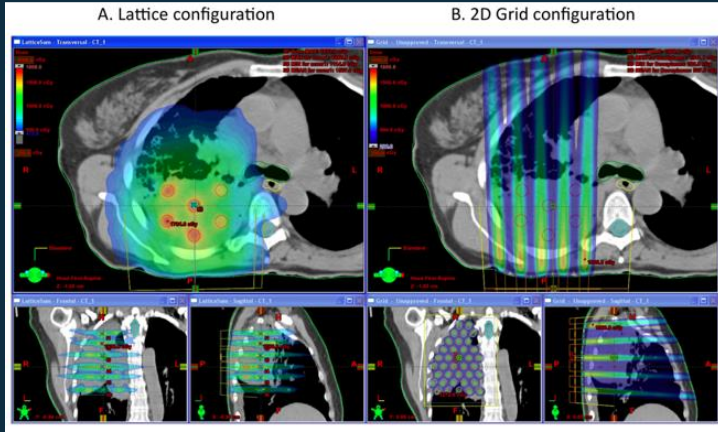


FIG. 5. Panel A: Immunohistochemistry staining for CD3 infiltration in tumors obtained from mice irradiated with high-dose radiation at days 3 and 7 post treatment. Antibody positive regions are brown. Panel B: Entire slides were digitally scanned and analyzed by the AperioImageScope Viewer software. The positive pixel count v9 algorithm was used to measure positive tumor regions for CD3 and shown as percent T-cell infiltration.

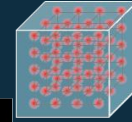
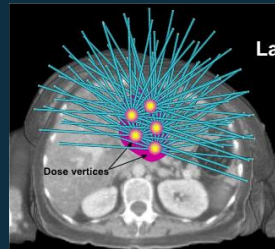
HUVEC growth was significantly reduced in response to all the LRT groups compared to cells that were grown in the serum obtained from either untreated or open field IR groups.



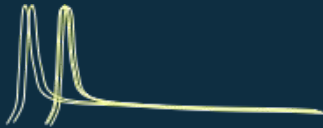
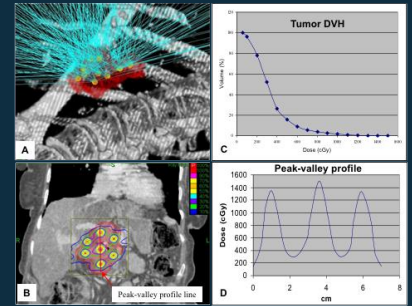
Grid versus Lattice



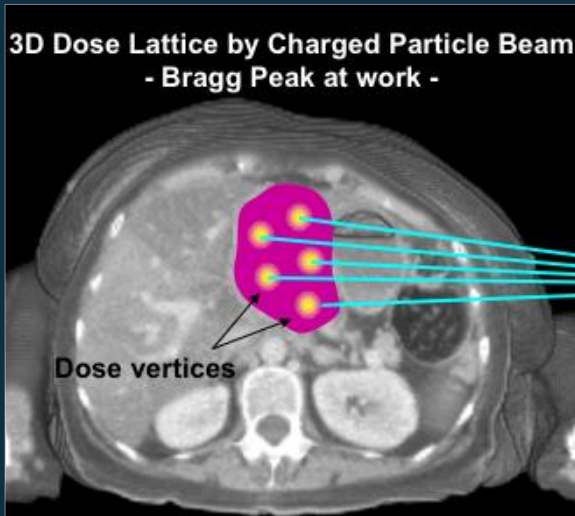
3D Dose Lattice by focused beam



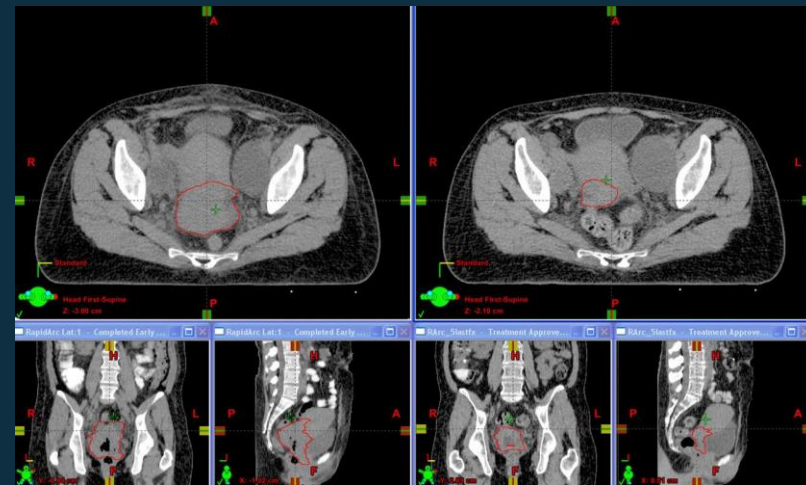
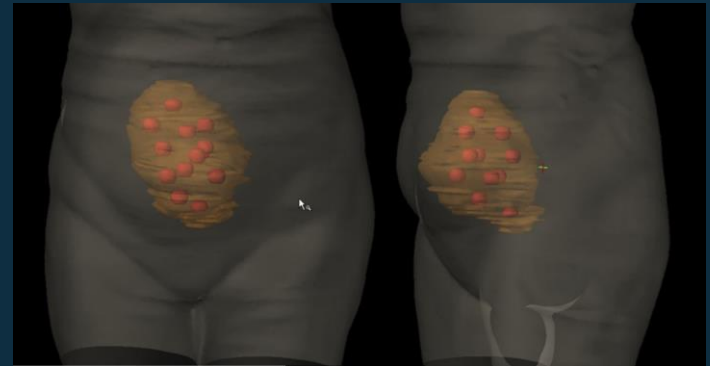
LRT with Cyberknife:
Multiple isocenter delivery



3D Dose Lattice by Charged Particle Beam
- Bragg Peak at work -



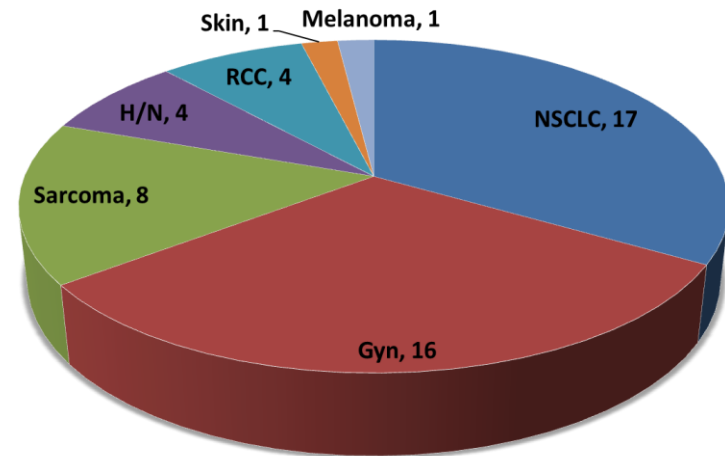
Particle Beam
Scanning Nozzle



ICI Experience



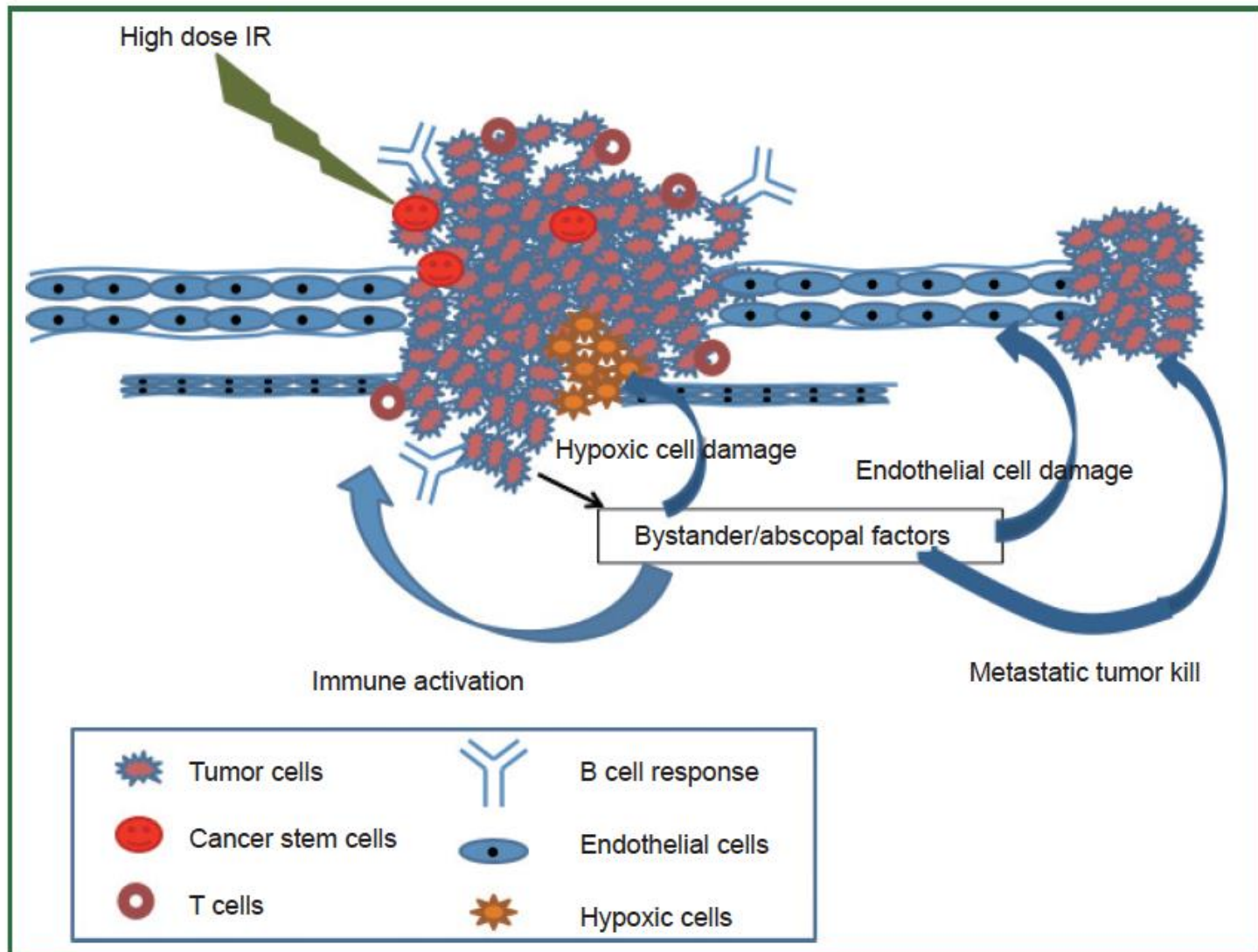
Pathologic Diagnosis	n
NSCLC	17
Gynecological	16
Sarcoma	8
Head and neck	4
RCC	4
Skin	1
Melanoma	1
TOTAL	51



This shows that LRT is tolerable for various disease sites

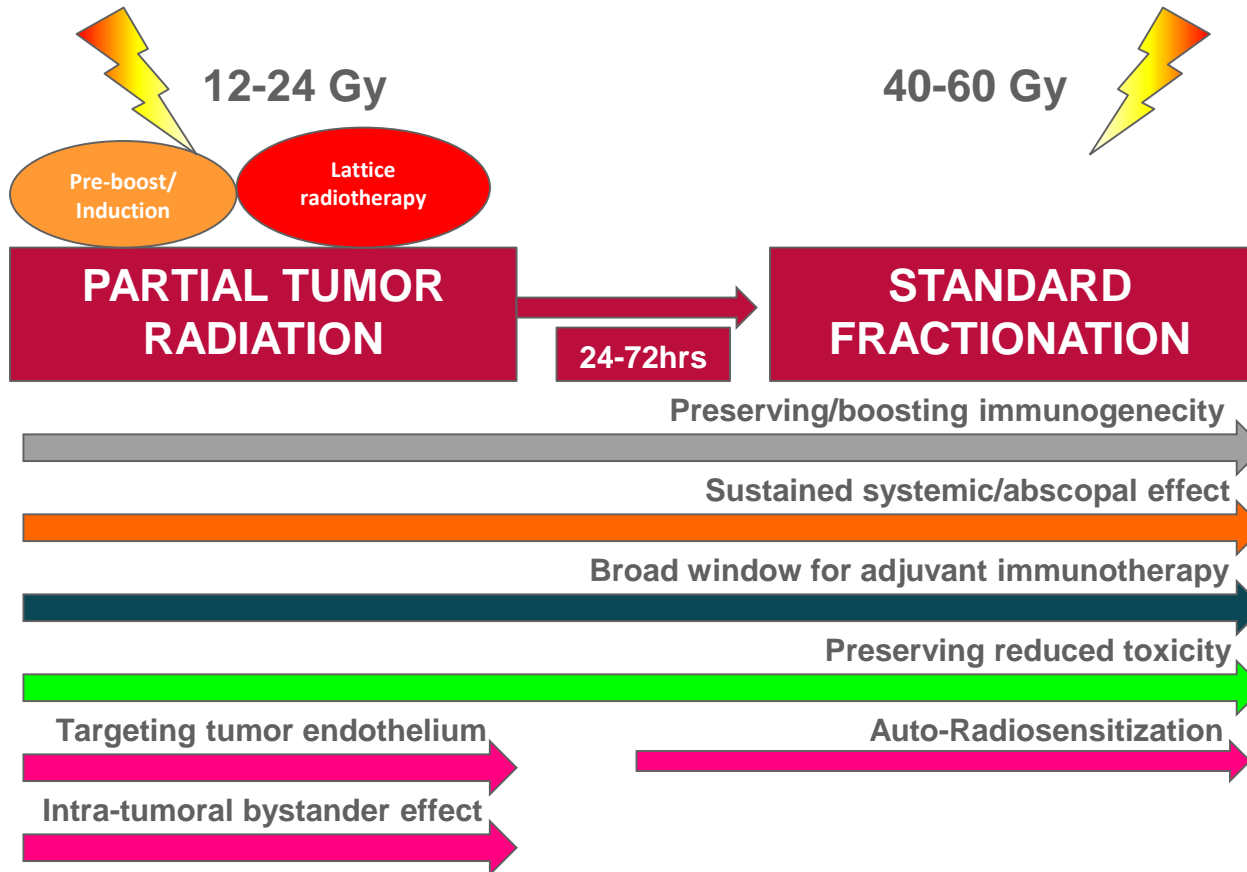
Complex Biology Exists

Both immune and non-immune bystander / events are elicited



Exploitation of spatial fractionation and non-targeted radiotherapy in clinic

(based on limited pre-clinical data)



NCI-RRP initiatives

On August 20-21, 2018, a workshop held by the Radiation Research Program, National Cancer Institute and the Radiosurgery Society reviewed the proposed radiobiological mechanisms and existing clinical data on SFRT, emphasizing areas for further research.

The group identified a need for guidelines and standards for institutions to incorporate SFRT, addressing the need to standardize appropriate SFRT peak-valley dose and center-to-center spacing, the interval of SFRT fractions if more than 1 fraction is planned, the scheduling and sequencing of SFRT and conventional EBRT combinations, and more.

Further biological experiments using animal models as well as phase 1 and 2 trials are essential to clarify optimal dosing and regimens. It is equally important that the dosimetry of SFRT can be reliably validated.

Biomarkers, including the tumor, serum, and other signaling molecules mentioned earlier, should be measured to correlate with radiobiological data.

Three Working Groups on Grid/Lattice, microbeam and Flash Radiotherapy

■ Clinical

- Quyhn-thu Lei (Advisor)
- Mohammed Mohiuddin
- Charles Simone
- Nina Myer
 - Majid Mohiuddin
 - J. W. Snider

■ Physics

- Xiaodong Wu
- Hualin Zhang

■ Biology

- Robert Griffin
- Charlie Limoli
- Soren Bentzen

Thanks

ahmedmm@mail.nih.gov